



## Peachy Iced Tea Refresher

 Vegetarian  Vegan  Dairy Free

READY IN



10 min.

SERVINGS



10

CALORIES



39 kcal

BEVERAGE

DRINK

### Ingredients

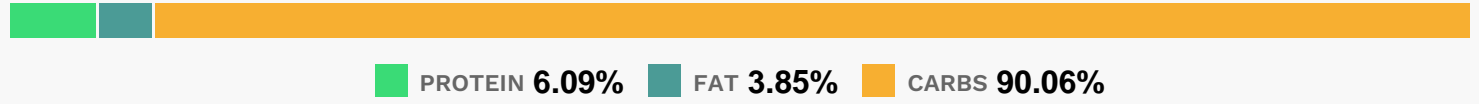
- 0.5 cup bourbon
- 6 slices cranberry-orange relish
- 1 cup orange juice
- 4.5 cups water

### Equipment

### Directions

- Empty contents of drink mix packet into large plastic or glass pitcher.
- Add water, orange juice and bourbon; stir until drink mix is completely dissolved.
- Serve over ice cubes in tall glasses.
- Add orange slice to each glass.

## Nutrition Facts



### Properties

Glycemic Index:10.95, Glycemic Load:1.34, Inflammation Score:-2, Nutrition Score:1.2243478260934%

### Flavonoids

Eriodictyol: 0.04mg, Eriodictyol: 0.04mg, Eriodictyol: 0.04mg, Eriodictyol: 0.04mg Hesperetin: 3.13mg, Hesperetin: 3.13mg, Hesperetin: 3.13mg, Hesperetin: 3.13mg Naringenin: 0.62mg, Naringenin: 0.62mg, Naringenin: 0.62mg, Naringenin: 0.62mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

### Nutrients (% of daily need)

Calories: 39.16kcal (1.96%), Fat: 0.05g (0.08%), Saturated Fat: 0.01g (0.04%), Carbohydrates: 2.65g (0.88%), Net Carbohydrates: 2.59g (0.94%), Sugar: 2.14g (2.38%), Cholesterol: 0mg (0%), Sodium: 5.69mg (0.25%), Alcohol: 4.01g (100%), Alcohol %: 3.53% (100%), Protein: 0.18g (0.36%), Vitamin C: 12.72mg (15.42%), Folate: 7.62µg (1.91%), Vitamin B1: 0.02mg (1.57%), Copper: 0.03mg (1.54%), Potassium: 50.93mg (1.46%), Vitamin A: 50.95IU (1.02%)