

Peachy Mimosas

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



12

CALORIES



80 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 2 cups orange juice chilled
- 2 cups peach nectar chilled
- 1 liter sparkling wine dry chilled

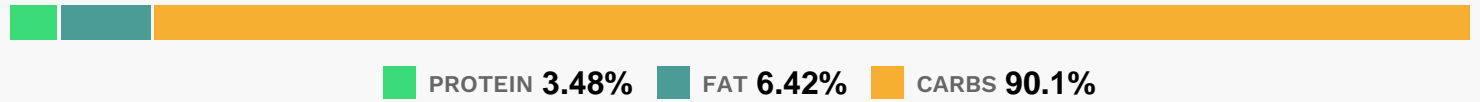
Equipment

Directions

- In 1 1/2-quart pitcher, mix orange juice and peach nectar.

Pour champagne into glasses until half full. Fill glasses with juice mixture.

Nutrition Facts



Properties

Glycemic Index:4.33, Glycemic Load:2.19, Inflammation Score:-5, Nutrition Score:2.7260869287926%

Flavonoids

Eriodictyol: 0.07mg, Eriodictyol: 0.07mg, Eriodictyol: 0.07mg, Eriodictyol: 0.07mg Hesperetin: 4.94mg, Hesperetin: 4.94mg, Hesperetin: 4.94mg, Hesperetin: 4.94mg Naringenin: 0.88mg, Naringenin: 0.88mg, Naringenin: 0.88mg, Naringenin: 0.88mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg

Nutrients (% of daily need)

Calories: 79.67kcal (3.98%), Fat: 0.32g (0.49%), Saturated Fat: 0.03g (0.16%), Carbohydrates: 10.09g (3.36%), Net Carbohydrates: 9.96g (3.62%), Sugar: 9.45g (10.5%), Cholesterol: 0mg (0%), Sodium: 10.8mg (0.47%), Alcohol: 5.32g (100%), Alcohol %: 4.06% (100%), Protein: 0.39g (0.78%), Vitamin C: 20.67mg (25.05%), Potassium: 168.27mg (4.81%), Vitamin B1: 0.06mg (4.14%), Vitamin A: 189.74IU (3.79%), Magnesium: 14.52mg (3.63%), Folate: 13.65µg (3.41%), Iron: 0.44mg (2.47%), Vitamin B6: 0.05mg (2.43%), Phosphorus: 20.74mg (2.07%), Copper: 0.03mg (1.74%), Vitamin B2: 0.03mg (1.58%), Calcium: 14.52mg (1.45%), Vitamin B3: 0.29mg (1.43%), Vitamin B5: 0.11mg (1.07%)