



Peanut Butter and Jelly Cake Bites

 Dairy Free

READY IN



135 min.

SERVINGS



48

CALORIES



119 kcal

DESSERT

Ingredients

- 1 box vanilla cake donut holes
- 1 cup grape jelly
- 0.5 cup butter softened
- 0.8 cup peanut butter
- 1 cup powdered sugar
- 0.5 cup roasted peanuts

Equipment

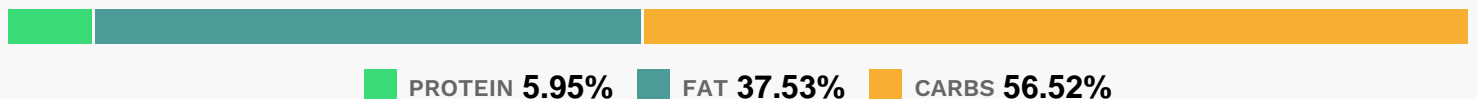
- bowl

- frying pan
- oven
- knife
- wire rack
- hand mixer
- toothpicks
- cutting board

Directions

- Heat oven to 350°F. Grease bottoms only of 2 (13x9-inch) pans with shortening or cooking spray. Make cake mix as directed on box, using water, oil and eggs.
- Spread batter evenly in pans.
- Bake 20 minutes or until toothpick inserted in center comes out clean. Cool completely in pans on cooling racks. Run knife around sides of pans to loosen.
- Place cooling rack upside down over each pan; turn racks and pans over.
- Remove pans.
- Place 1 cake on work surface or cutting board; spread grape jelly over cake to within 1/2 inch of edge. Top with remaining cake.
- In medium bowl, beat butter and peanut butter with electric mixer on high speed until creamy. Gradually add powdered sugar, beating on low speed until blended. Beat on high speed until light and fluffy.
- Spread frosting over cake. Refrigerate until frosting hardens, about 1 hour. With hot knife, cut cake into 6 rows by 4 rows.
- Cut each square diagonally in half. Top each cake bite with 3 peanuts.

Nutrition Facts



Properties

Glycemic Index:1.44, Glycemic Load:2.74, Inflammation Score:-1, Nutrition Score:2.1773913039461%

Nutrients (% of daily need)

Calories: 119.36kcal (5.97%), Fat: 5.11g (7.86%), Saturated Fat: 1.13g (7.05%), Carbohydrates: 17.32g (5.77%), Net Carbohydrates: 16.8g (6.11%), Sugar: 10.84g (12.04%), Cholesterol: 0mg (0%), Sodium: 123.14mg (5.35%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.82g (3.65%), Manganese: 0.12mg (6%), Phosphorus: 57.74mg (5.77%), Vitamin B3: 1.02mg (5.12%), Vitamin E: 0.54mg (3.62%), Folate: 13.73µg (3.43%), Calcium: 29.24mg (2.92%), Magnesium: 10.91mg (2.73%), Vitamin B1: 0.04mg (2.34%), Vitamin B2: 0.04mg (2.3%), Copper: 0.04mg (2.15%), Fiber: 0.53g (2.1%), Selenium: 1.36µg (1.95%), Iron: 0.35mg (1.95%), Vitamin A: 84.58IU (1.69%), Potassium: 47.71mg (1.36%), Vitamin B6: 0.03mg (1.32%), Zinc: 0.19mg (1.25%)