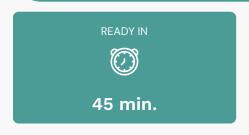


# **Peanut Butter-Brownie Trifle**







DESSERT

## Ingredients

1.7 cups nestlé toll house peanut butter & milk chocolate morsels	(11-ounce package)
1.5 cups peanut butter nestlé treasures chopped	

2 teaspoons vanilla extract

19 ounce fudge brownie mix

- 8 ounce non-dairy whipped topping frozen thawed
- 2 cups whipping cream divided

## **Equipment**

bowl

	sauce pan		
	oven		
	baking pan		
	hand mixer		
	wax paper		
Directions			
	Prepare and bake brownie mix according to package directions; cool.		
	Cut into 2-inch squares.		
	Cook 2/3 cup whipping cream and 1 2/3 cups morsels in a small saucepan over low heat, stirring constantly, until blended; remove from heat, and stir in vanilla. Chill 30 minutes.		
	Beat remaining 11/3 cups whipping cream at high speed with an electric mixer until soft peaks form. Stir one-third of whipped cream into chocolate mixture. Fold in remaining whipped cream.		
	Layer half of brownies in bottom of a 3 1/2-quart trifle dish or bowl; top with half of chocolate mixture, half of chopped peanut butter treasures, and half of whipped topping. Repeat procedure with remaining brownies, chocolate mixture, chopped peanut butter treasures, and whipped topping.		
	Sprinkle 1 2/3 cups morsels in an even layer on a parchment or wax paper-lined baking pan.		
	Bake at 200 for 2 minutes or until morsels are evenly melted; chill 1 hour or until firm. Break into large pieces.		
	Garnish top of trifle with peanut butter-chocolate pieces.		
	*2 (18-ounce) packages NESTL TOLL HOUSE Refrigerated Brownie Bar Dough may be substituted for brownie mix. Prepare and bake according to package directions.		
Nutrition Facts			
	PROTEIN 6.23% FAT 57.84% CARBS 35.93%		

### **Properties**

Glycemic Index:1.75, Glycemic Load:1.19, Inflammation Score:-7, Nutrition Score:13.081304371357%

### Nutrients (% of daily need)

Calories: 1041.91kcal (52.1%), Fat: 68.77g (105.81%), Saturated Fat: 30.23g (188.92%), Carbohydrates: 96.12g (32.04%), Net Carbohydrates: 93.8g (34.11%), Sugar: 68.46g (76.06%), Cholesterol: 67.8mg (22.6%), Sodium: 440.7mg (19.16%), Alcohol: 0.34g (100%), Alcohol %: 0.18% (100%), Protein: 16.66g (33.31%), Manganese: 0.71mg (35.6%), Vitamin E: 5.1mg (33.97%), Vitamin B3: 6.5mg (32.52%), Magnesium: 88.02mg (22.01%), Phosphorus: 219.54mg (21.95%), Vitamin A: 895.63IU (17.91%), Iron: 2.82mg (15.66%), Vitamin B2: 0.23mg (13.57%), Potassium: 466.61mg (13.33%), Vitamin B6: 0.24mg (12.08%), Folate: 44.83µg (11.21%), Calcium: 110mg (11%), Copper: 0.21mg (10.66%), Zinc: 1.4mg (9.34%), Fiber: 2.32g (9.29%), Vitamin B5: 0.66mg (6.65%), Selenium: 4.45µg (6.36%), Vitamin D: 0.95µg (6.35%), Vitamin B1: 0.08mg (5.63%), Vitamin K: 2.96µg (2.82%), Vitamin B12: 0.15µg (2.53%)