



Peanut Butter Buckeyes

 Gluten Free

READY IN



45 min.

SERVINGS



36

CALORIES



288 kcal

CONDIMENT

DIP

SPREAD

Ingredients

- ☐ 0.8 cup butter softened
- ☐ 7 ounce chocolate melted
- ☐ 2 pound powdered sugar
- ☐ 3 cups creamy peanut butter

Equipment

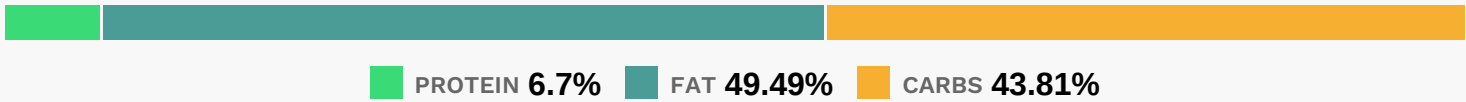
- ☐ bowl
- ☐ baking sheet
- ☐ toothpicks

☐ wax paper

Directions

- ☐ Line a large tray or baking sheet with wax paper. In a large bowl, combine the confectioners' sugar, peanut butter, and butter, stirring until well blended. Shape into one-inch balls.
- ☐ With a toothpick, dip each ball into the dipping chocolate until almost covered, leaving some of the peanut butter mixture exposed on top.
- ☐ Place the balls on the tray and refrigerate until firm, about two hours.
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Nutrition Facts



Properties

Glycemic Index:2.96, Glycemic Load:1.82, Inflammation Score:-3, Nutrition Score:4.8278260619744%

Nutrients (% of daily need)

Calories: 288.24kcal (14.41%), Fat: 16.71g (25.7%), Saturated Fat: 5.71g (35.68%), Carbohydrates: 33.28g (11.09%), Net Carbohydrates: 31.94g (11.61%), Sugar: 29.74g (33.05%), Cholesterol: 10.17mg (3.39%), Sodium: 124.03mg (5.39%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 3.64mg (1.21%), Protein: 5.09g (10.19%), Manganese: 0.34mg (17.17%), Vitamin B3: 2.9mg (14.49%), Vitamin E: 2.08mg (13.88%), Magnesium: 42.66mg (10.66%), Phosphorus: 82.12mg (8.21%), Copper: 0.12mg (6.19%), Fiber: 1.34g (5.34%), Vitamin B6: 0.1mg (4.9%), Folate: 18.8µg (4.7%), Zinc: 0.64mg (4.24%), Potassium: 138.88mg (3.97%), Vitamin B2: 0.06mg (3.57%), Iron: 0.54mg (3%), Vitamin B5: 0.24mg (2.37%), Vitamin A: 118.18IU (2.36%), Vitamin B1: 0.03mg (2.07%), Selenium: 1.23µg (1.76%), Calcium: 13.24mg (1.32%)