

Peanut Butter Candy Bars

airy Free







Ingredients

1 cup butterscotch chips

1 cup chocolate chips

1 eggs

1 pouch peanut butter sandwich cookie crumbs (1 lb 1.5 oz)

3 tablespoons vegetable oil

1 tablespoon water

Equipment

bowl

	frying pan
	oven
	microwave
Di	rections
	Heat oven to 350F. Spray bottom of 13x9-inch pan with cooking spray.
	In large bowl, stir cookie mix, oil, water and egg until soft dough forms. Press into pan.
	Bake 15 to 18 minutes or until edges are light golden brown. Cool 10 minutes.
	In small microwavable bowl, microwave chocolate chips and butterscotch chips on High 1 to 1 1/2 minutes or until melted.
	Spread evenly over base. Refrigerate 30 minutes or until set. For bars, cut into 9 rows by 4 rows.
	Nutrition Facts
	200740/ 0100 F7 440/
	PROTEIN 3.88% FAT 38.71% CARBS 57.41%

Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:1, Nutrition Score:0.4017391325501%

Nutrients (% of daily need)

Calories: 114.28kcal (5.71%), Fat: 5.05g (7.77%), Saturated Fat: 1.69g (10.58%), Carbohydrates: 16.84g (5.61%), Net Carbohydrates: 16.35g (5.94%), Sugar: 12.07g (13.42%), Cholesterol: 4.97mg (1.66%), Sodium: 133.39mg (5.8%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.14g (2.28%), Vitamin K: 2.1µg (2%), Fiber: 0.49g (1.97%), Iron: 0.2mg (1.11%)