

# **Peanut Butter Chunk Cookies**







DESSERT

# Ingredients

0.5 teaspoon double-acting baking powder
O.5 teaspoon baking soda
8 oz brown sugar —
2 eggs
2.7 cups flour all-purpose
7 oz granulated sugar —
O.3 cup peanut butter (I used Skippy Natural)
0.5 cup peanut butter chips
0.5 teaspoon salt

	1 cup semi-sweet chocolate chunks
	11.9 oz smooth peanut butter —
	8 oz butter unsalted room temperature
	0.5 teaspoon vanilla
Εq	uipment
	bowl
	frying pan
	baking sheet
	oven
	blender
	hand mixer
	aluminum foil
	microwave
Diı	rections
	Make the peanut butter chunks first.
	Mix the peanut butter chips, peanut butter and butter in a small bowl and microwave on high for 30 seconds. Stir until smooth. If chips aren't melted, heat for another 30 seconds. Make a small 2×5(ish) mold with foil (see photo).
	for 30 seconds. Stir until smooth. If chips aren't melted, heat for another 30 seconds. Make a
	for 30 seconds. Stir until smooth. If chips aren't melted, heat for another 30 seconds. Make a small 2×5(ish) mold with foil (see photo).  Pour the peanut butter mixture into the little mold and chill it for about a half hour or until firm. Unmold the peanut butter log and cut into chunks. Proceed with the cookie dough.  Cream butter and both sugars with an electric mixer. Beat in peanut butter, then baking
	for 30 seconds. Stir until smooth. If chips aren't melted, heat for another 30 seconds. Make a small 2×5(ish) mold with foil (see photo).  Pour the peanut butter mixture into the little mold and chill it for about a half hour or until firm. Unmold the peanut butter log and cut into chunks. Proceed with the cookie dough.  Cream butter and both sugars with an electric mixer. Beat in peanut butter, then baking powder, baking soda, and salt.  Add eggs one at a time, beating on a lower speed, then beat in vanilla. By hand or using lowest speed of mixer, Stir in the flour. When flour is mixed in, stir in chocolate chunks and peanut butter chips. Chill the dough for about an hour. Preheat oven to 350 degrees F. Using slightly less than a quarter cup measure, scoop up balls of dough and arrange on cookie sheet a few

Remove from pan and set on a rack to finish cooling. Makes 24 big cookies

## **Nutrition Facts**

PROTEIN **7.22%** FAT **51.16%** CARBS **41.62%** 

### **Properties**

Glycemic Index:11.05, Glycemic Load:13.87, Inflammation Score:-4, Nutrition Score:7.1521739285925%

#### Nutrients (% of daily need)

Calories: 333.59kcal (16.68%), Fat: 19.51g (30.02%), Saturated Fat: 8.29g (51.78%), Carbohydrates: 35.72g (11.91%), Net Carbohydrates: 33.96g (12.35%), Sugar: 21.92g (24.35%), Cholesterol: 34.39mg (11.46%), Sodium: 161.78mg (7.03%), Alcohol: 0.03g (100%), Alcohol %: 0.05% (100%), Caffeine: 6.27mg (2.09%), Protein: 6.2g (12.39%), Manganese: 0.44mg (22.22%), Vitamin B3: 3.12mg (15.61%), Vitamin E: 1.83mg (12.21%), Magnesium: 45.65mg (11.41%), Selenium: 7.39μg (10.56%), Folate: 41.89μg (10.47%), Phosphorus: 102.36mg (10.24%), Copper: 0.19mg (9.52%), Vitamin B1: 0.14mg (9.09%), Iron: 1.54mg (8.56%), Vitamin B2: 0.13mg (7.4%), Fiber: 1.76g (7.04%), Vitamin A: 259.6IU (5.19%), Zinc: 0.77mg (5.16%), Potassium: 170.69mg (4.88%), Vitamin B6: 0.09mg (4.66%), Vitamin B5: 0.34mg (3.39%), Calcium: 31.98mg (3.2%), Vitamin D: 0.22μg (1.43%), Vitamin K: 1.29μg (1.23%), Vitamin B12: 0.06μg (1.03%)