



## Peanut Butter-Double Chocolate Chunk-Pecan Cookies

READY IN



25 min.

SERVINGS



25

CALORIES



170 kcal

DESSERT

### Ingredients

- 3 oz baker's chocolate white coarsely chopped
- 0.5 tsp baking soda
- 0.5 cup brown sugar packed
- 0.5 cup butter softened
- 0.5 cup crunchy peanut butter
- 1 eggs
- 1 cup flour
- 2 Tbsp granulated sugar

- 1 cup planters pecans toasted coarsely chopped
- 0.3 tsp salt
- 3 oz baker's semi-sweet chocolate coarsely chopped
- 1 tsp vanilla

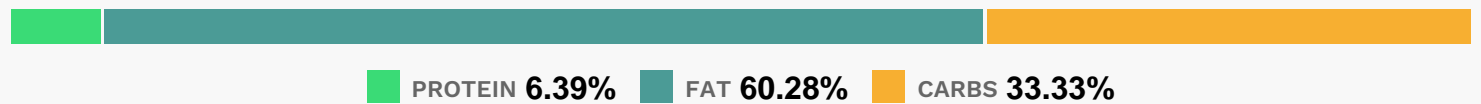
## Equipment

- bowl
- baking sheet
- oven
- blender

## Directions

- Heat oven to 375F.
- Mix first 3 ingredients until blended. Beat peanut butter, butter and sugars in large bowl with mixer 4 min. or until very creamy.
- Add egg and vanilla; beat 3 min. or until fluffy. Stir in flour mixture until blended. Stir in remaining ingredients.
- Drop heaping tablespoonfuls of dough, about 1 inch apart, onto baking sheets; press lightly to flatten to 2-inch diameter.
- Bake 9 to 10 min. or until lightly browned. (Do not overbake.) Cool on baking sheets 5 min.
- Remove to wire racks; cool completely.

## Nutrition Facts



## Properties

Glycemic Index:11, Glycemic Load:4.85, Inflammation Score:-2, Nutrition Score:3.7765217031474%

## Flavonoids

Cyanidin: 0.43mg, Cyanidin: 0.43mg, Cyanidin: 0.43mg, Cyanidin: 0.43mg Delphinidin: 0.29mg, Delphinidin: 0.29mg, Delphinidin: 0.29mg, Delphinidin: 0.29mg Catechin: 0.29mg, Catechin: 0.29mg, Catechin: 0.29mg,

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## Nutrients (% of daily need)

Calories: 169.96kcal (8.5%), Fat: 11.72g (18.04%), Saturated Fat: 4.44g (27.77%), Carbohydrates: 14.59g (4.86%), Net Carbohydrates: 13.38g (4.86%), Sugar: 9.12g (10.13%), Cholesterol: 17.23mg (5.74%), Sodium: 109.95mg (4.78%), Alcohol: 0.06g (100%), Alcohol %: 0.22% (100%), Protein: 2.79g (5.59%), Manganese: 0.35mg (17.72%), Copper: 0.13mg (6.63%), Vitamin B3: 1.11mg (5.55%), Magnesium: 21.26mg (5.32%), Phosphorus: 52.42mg (5.24%), Vitamin B1: 0.08mg (5%), Fiber: 1.21g (4.83%), Selenium: 3.35µg (4.79%), Folate: 16.01µg (4%), Iron: 0.72mg (3.98%), Vitamin E: 0.56mg (3.73%), Zinc: 0.5mg (3.35%), Vitamin B2: 0.06mg (3.34%), Potassium: 98.69mg (2.82%), Vitamin A: 127.9IU (2.56%), Calcium: 20.49mg (2.05%), Vitamin B6: 0.04mg (2.01%), Vitamin B5: 0.18mg (1.82%), Vitamin K: 1.06µg (1.01%)