



Peanut Butter-Fudge Bars

READY IN



80 min.

SERVINGS



36

CALORIES



185 kcal

DESSERT

Ingredients

- 1 pouch basic cookie mix chunk betty crocker® (1 lb 1.5 oz)
- 1 eggs
- 2 tablespoons milk
- 6 oz milk chocolate chips
- 2 tablespoons peanut butter
- 1 pouch peanut butter sandwich cookie crumbs betty crocker® (1 lb 1.5 oz)
- 1 cup powdered sugar
- 0.5 cup roasted peanuts coarsely chopped
- 3 tablespoons vegetable oil

Equipment

- bowl
- frying pan
- oven
- spatula

Directions

- Heat oven to 350°F. In large bowl, stir double chocolate chunk cookie mix, 1/4 cup oil, 2 tablespoons milk and 1 egg until soft dough forms. Drop dough by tablespoonfuls evenly over bottom of ungreased 13x9-inch pan.
- In same large bowl, stir peanut butter cookie mix, 3 tablespoons oil, 1 tablespoon milk and 1 egg until soft dough forms. Drop dough by tablespoonfuls over chocolate dough in pan. Swirl doughs together slightly, using metal spatula; spread and press evenly in pan.
- Bake 25 to 27 minutes or until edges are light golden brown.
- Remove from oven; sprinkle evenly with chocolate chips.
- Let stand 2 minutes.
- In small bowl, stir powdered sugar, peanut butter and enough of the 2 to 3 tablespoons milk until frosting is smooth and spreadable. Spoon frosting over chocolate chips; lightly swirl chocolate and frosting together.
- Sprinkle with peanuts; press lightly into topping. Cool completely, about 30 minutes. For bars, cut into 9 rows by 4 rows.

Nutrition Facts



Properties

Glycemic Index:1.44, Glycemic Load:0.04, Inflammation Score:-1, Nutrition Score:1.1382608802422%

Nutrients (% of daily need)

Calories: 184.89kcal (9.24%), Fat: 7.79g (11.98%), Saturated Fat: 2.01g (12.57%), Carbohydrates: 26.8g (8.93%), Net Carbohydrates: 25.73g (9.36%), Sugar: 18g (20%), Cholesterol: 4.65mg (1.55%), Sodium: 142.35mg (6.19%), Alcohol:

Og (100%), Alcohol %: 0% (100%), Protein: 2.43g (4.86%), Fiber: 1.07g (4.26%), Manganese: 0.06mg (3.06%),
Vitamin B3: 0.48mg (2.38%), Vitamin K: 2.09µg (1.99%), Iron: 0.31mg (1.74%), Phosphorus: 14.12mg (1.41%),
Magnesium: 5.16mg (1.29%), Vitamin E: 0.19mg (1.25%), Potassium: 43.45mg (1.24%)