

# **Peanut Butter Silk Cake**

Popular







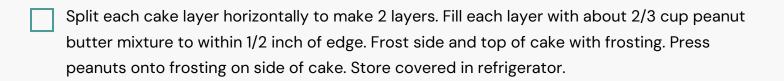
DESSERT

## Ingredients

1 box cake mix yellow
1.3 cups water
0.5 cup creamy peanut butter
0.3 cup vegetable oil
3 eggs
0.3 cup butter
0.3 cup brown sugar packed

1 cup whipping cream

	0.5 cup creamy peanut butter	
	1 lb chocolate frosting	
	1 cup peanuts chopped	
Eq	uipment	
	bowl	
	sauce pan	
	oven	
	knife	
	wire rack	
	hand mixer	
	toothpicks	
Directions		
	Heat oven to 350°F (or 325°F for dark or nonstick pans). Generously grease bottoms only of 2 (8- or 9-inch) round cake pans with shortening or cooking spray.	
	In large bowl, beat cake mix, water, 1/2 cup peanut butter, the oil and eggs with electric mixer on low speed 30 seconds. Beat on medium speed 2 minutes, scraping bowl occasionally.	
	Pour into pans.	
	Bake 30 to 35 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes. Run knife around sides of pans to loosen cakes; remove from pans to cooling rack. Cool completely, about 1 hour.	
	In 2-quart saucepan, melt butter over medium heat; stir in brown sugar.	
	Heat to boiling; boil and stir 1 minute.	
	Remove from heat. Refrigerate 10 minutes.	
	In chilled medium bowl, beat whipping cream on high speed until soft peaks form; set aside. In another medium bowl, beat 1/2 cup peanut butter and the brown sugar mixture on medium speed until smooth and creamy.	
	Add whipped cream to peanut butter mixture; beat on medium speed until mixture is smooth and creamy.	



## **Nutrition Facts**

PROTEIN 6.68% FAT 53.69% CARBS 39.63%

### **Properties**

Glycemic Index:3.52, Glycemic Load:0.64, Inflammation Score:-6, Nutrition Score:14.373478108126%

### **Nutrients** (% of daily need)

Calories: 694.43kcal (34.72%), Fat: 42.94g (66.06%), Saturated Fat: 12.51g (78.18%), Carbohydrates: 71.29g (23.76%), Net Carbohydrates: 68.25g (24.82%), Sugar: 47.78g (53.09%), Cholesterol: 63.33mg (21.11%), Sodium: 545.82mg (23.73%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 12.03g (24.05%), Manganese: 0.82mg (40.78%), Phosphorus: 318.07mg (31.81%), Vitamin B3: 5.87mg (29.33%), Vitamin E: 3.88mg (25.9%), Folate: 83.42µg (20.86%), Magnesium: 74.96mg (18.74%), Copper: 0.32mg (16.13%), Vitamin B1: 0.23mg (15%), Vitamin B2: 0.25mg (14.87%), Calcium: 142.57mg (14.26%), Iron: 2.53mg (14.04%), Vitamin K: 13.12µg (12.49%), Fiber: 3.05g (12.18%), Selenium: 7.38µg (10.54%), Vitamin A: 520.49IU (10.41%), Vitamin B6: 0.2mg (10.04%), Potassium: 348.22mg (9.95%), Vitamin B5: 0.84mg (8.4%), Zinc: 1.22mg (8.16%), Vitamin D: 0.54µg (3.58%), Vitamin B12: 0.18µg (2.96%)