



Peanut Butter Spider Cookies

READY IN



60 min.

SERVINGS



36

CALORIES



239 kcal

DESSERT

Ingredients

- ☐ 0.3 cup m&m candies miniature
- ☐ 0.7 oz decorating gel black
- ☐ 1 eggs
- ☐ 36 chocolate (from 12-oz bag)
- ☐ 1 pouch peanut butter sandwich cookie crumbs
- ☐ 36 servings green beans black red
- ☐ 3 tablespoons vegetable oil
- ☐ 1 tablespoon water

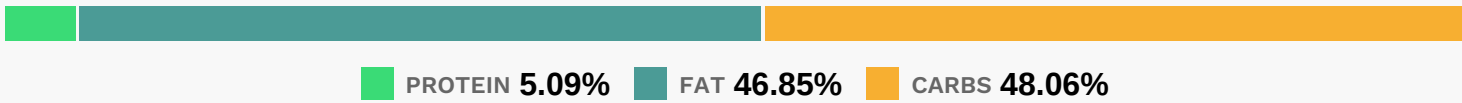
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven

Directions

- ☐ Heat oven to 375F. In medium bowl, stir cookie mix, oil, water and egg until dough forms.
- ☐ Shape dough into 36 (1-inch) balls. On ungreased cookie sheets, place balls 2 inches apart.
- ☐ Bake 8 to 10 minutes or until light golden brown. Immediately press 1 chewy caramel in center of each cookie. Cool 2 minutes; remove from cookie sheets to cooling racks.
- ☐ Cut licorice into 8 (2-inch) pieces for each spider. Attach legs by sticking into chewy caramels. Use decorating gel to attach candies for eyes and to make pupils on eyes. Store in single layer tightly covered.

Nutrition Facts



Properties

Glycemic Index:2.46, Glycemic Load:7.63, Inflammation Score:-4, Nutrition Score:6.4582608562449%

Flavonoids

Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg Kaempferol: 0.25mg, Kaempferol: 0.25mg, Kaempferol: 0.25mg, Kaempferol: 0.25mg Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg Quercetin: 1.5mg, Quercetin: 1.5mg, Quercetin: 1.5mg, Quercetin: 1.5mg

Nutrients (% of daily need)

Calories: 239.49kcal (11.97%), Fat: 13.61g (20.94%), Saturated Fat: 6.63g (41.45%), Carbohydrates: 31.42g (10.47%), Net Carbohydrates: 27.85g (10.13%), Sugar: 22.83g (25.36%), Cholesterol: 4.84mg (1.61%), Sodium: 124.02mg (5.39%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 18.48mg (6.16%), Protein: 3.33g (6.66%), Vitamin K: 27.5µg (26.19%), Fiber: 3.57g (14.28%), Manganese: 0.26mg (12.87%), Magnesium: 45.54mg (11.39%), Copper: 0.2mg (9.98%), Iron: 1.56mg (8.68%), Vitamin C: 6.72mg (8.15%), Vitamin A: 390.41IU (7.81%), Vitamin B2: 0.13mg (7.65%), Phosphorus: 64.48mg (6.45%), Potassium: 198.94mg (5.68%), Folate: 19.56µg (4.89%), Vitamin B6: 0.09mg (4.58%), Zinc: 0.57mg (3.79%), Vitamin B1: 0.05mg (3.41%), Calcium: 30mg (3%), Vitamin B3: 0.59mg (2.96%), Vitamin E: 0.4mg (2.69%), Selenium: 1.49µg (2.13%), Vitamin B5: 0.16mg (1.62%)