



Peanut Butter Thumbprint Cookies II

 Vegetarian

READY IN



45 min.

SERVINGS



36

CALORIES



141 kcal

DESSERT

Ingredients

- 1 teaspoon baking soda
- 0.8 cup brown sugar packed
- 0.5 cup butter
- 2 tablespoons cornstarch
- 2 eggs
- 2.5 cups flour all-purpose
- 2 tablespoons juice of lemon
- 2 tablespoons milk

- 0.8 cup peanut butter
- 1.5 cups raisins
- 1 cup rolled oats
- 0.8 cup water
- 0.3 cup sugar white

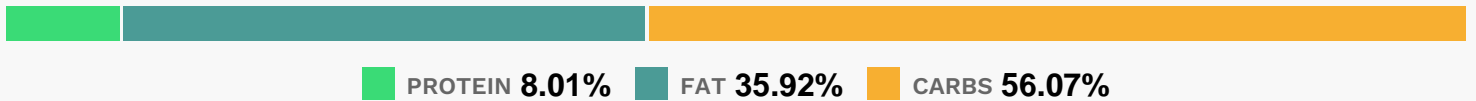
Equipment

- baking sheet
- oven

Directions

- For cookies, cream margarine with peanut butter.
- Mix in sugar, then beat in eggs and milk. Stir in baking soda, oats, and flour.
- Combine raisins, water, and lemon juice.
- Heat until nearly boiling.
- Mix sugar with cornstarch; add enough (cold) water to make a paste. Stir into raisin mixture and heat until clear.
- Shape dough into walnut-sized balls.
- Place on a greased cookie sheet. Using your thumb, indent the center of each ball, making a fairly good-sized hollow spot. Fill with about a teaspoon of filling.
- Bake at 375 degrees F (190 degrees C) for about 10-12 minutes.

Nutrition Facts



Properties

Glycemic Index:9.61, Glycemic Load:8.97, Inflammation Score:-2, Nutrition Score:3.5895652252695%

Flavonoids

Eriodictyol: 0.04mg, Eriodictyol: 0.04mg, Eriodictyol: 0.04mg, Eriodictyol: 0.04mg Hesperetin: 0.12mg, Hesperetin: 0.12mg, Hesperetin: 0.12mg, Hesperetin: 0.12mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg

Naringenin: 0.01mg

Nutrients (% of daily need)

Calories: 141.35kcal (7.07%), Fat: 5.83g (8.98%), Saturated Fat: 2.31g (14.41%), Carbohydrates: 20.49g (6.83%), Net Carbohydrates: 19.35g (7.04%), Sugar: 6.51g (7.24%), Cholesterol: 15.97mg (5.32%), Sodium: 81.11mg (3.53%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.93g (5.85%), Manganese: 0.24mg (12%), Selenium: 4.72µg (6.75%), Vitamin B3: 1.33mg (6.65%), Vitamin B1: 0.09mg (6.3%), Folate: 22.87µg (5.72%), Phosphorus: 48.11mg (4.81%), Vitamin B2: 0.08mg (4.79%), Iron: 0.83mg (4.6%), Fiber: 1.14g (4.55%), Magnesium: 16.9mg (4.22%), Vitamin E: 0.6mg (4.03%), Copper: 0.07mg (3.36%), Potassium: 109.98mg (3.14%), Vitamin B6: 0.05mg (2.42%), Zinc: 0.33mg (2.2%), Vitamin A: 93.39IU (1.87%), Vitamin B5: 0.17mg (1.74%), Calcium: 13.97mg (1.4%)