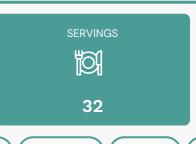


Peanutty Snowmen







ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

	16 oz candy coating disks	(almond bark)

- 1 lb crème-filled chocolate sandwich cookies peanut-shaped
- 1 tablespoon semisweet chocolate chips miniature
- 1 sticks pretzels assorted

Equipment

bowl

baking sheet

microwave

Directions Line cookie sheets with waxed paper. Place 1/4 of candy coating in small microwavable bowl. Microwave on High 30 seconds. Stir; continue to microwave in 15-second increments until coating can be stirred smooth. Dip each side of 8 cookies into candy coating to coat; place on cookie sheets. Add chocolate chips for eyes. Repeat with remaining candy coating and cookies. Decorate as desired with assorted candies. Let cookies stand at room temperature for 30 minutes or until coating is set. Nutrition Facts PROTEIN 2.09% ■ FAT 42.37% ■ CARBS 55.54%

Properties

Glycemic Index:2.59, Glycemic Load:0.02, Inflammation Score:-1, Nutrition Score:1.7599999996955%

Nutrients (% of daily need)

Calories: 149.5kcal (7.48%), Fat: 6.94g (10.67%), Saturated Fat: 4.95g (30.95%), Carbohydrates: 20.46g (6.82%), Net Carbohydrates: 20.01g (7.28%), Sugar: 16.06g (17.85%), Cholesterol: 0.03mg (0.01%), Sodium: 59.54mg (2.59%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 0.77g (1.54%), Iron: 1.75mg (9.7%), Manganese: 0.1mg (5.13%), Vitamin K: 3.92µg (3.73%), Copper: 0.05mg (2.66%), Vitamin E: 0.35mg (2.35%), Folate: 8.7µg (2.18%), Vitamin B2: 0.03mg (2%), Vitamin B1: 0.03mg (1.88%), Magnesium: 7.48mg (1.87%), Vitamin B3: 0.37mg (1.87%), Fiber: 0.45g (1.8%), Phosphorus: 14.42mg (1.44%), Selenium: 0.78µg (1.11%), Potassium: 35.86mg (1.02%)