

DESSERT

Pear-Berry Crisp with Lavender Topping

7 October 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	10	\$0.81	228 kcal

Pear-Berry Crisp with Lavender Topping might be a good recipe to expand your dessert recipe box. One serving contains 228 calories, 2g of protein, and 5g of fat. This lacto ovo vegetarian recipe serves 10 and costs 81 cents per serving. From preparation to the plate, this recipe takes roughly 45 min...

Ingredients

- ☐ 1 cup blackberries
- ☐ 1½ teaspoons cornstarch
- ☐ 3 tablespoons honey
- ☐ 1 tablespoon fresh lemon juice
- ☐ 2 pounds pears, peeled and cut into 1-inch pieces
(about 6 pears)
cut into 1-inch pieces 6 pears
- ☐ ½ teaspoon salt
- ☐ 3 tablespoons sugar
- ☐ ¼ cup chilled butter, cut into small pieces
- ☐ ¾ cup all-purpose flour
- ☐ 1 teaspoon lavender buds
- ☐ ½ cup regular oats
- ☐ 1 cup fresh raspberries
- ☐ ½ cup sugar

EQUIPMENT Food processor, Bowl, Oven, Knife, Blender, Baking pan, Measuring cup

Method

- 1

Preheat oven to 37

- 2 To prepare filling, combine the first 6 ingredients, tossing well. Spoon mixture into an 8-inch square baking dish coated with cooking spray.
- 3 To prepare topping, place oats in a food processor, and pulse until coarsely ground.
- 4 Add lavender buds, and pulse 8 times or until combined.
- 5 Place oat mixture in a large bowl. Lightly spoon flour into dry measuring cups; level with a knife.
- 6 Add flour, 1/2 cup sugar, and salt to oat mixture; stir to combine.
- 7 Cut in butter with a pastry blender or 2 knives until mixture resembles coarse meal.
- 8 Add 3 tablespoons honey to oat mixture; stir just until moistened.
- 9 Sprinkle topping over filling.
- 10 Bake at 375 for 30 minutes or until golden and bubbly.

Nutrition per serving

	228 KCAL	2 g PROTEIN	5 g FAT	46 g CARBS
Saturated Fat				3 g · 19% of daily needs
Fibre				5 g · 20% of daily needs
Sugar				28.9 g · 32% of daily needs
Sodium				155 mg · 7% of daily needs
Cholesterol				12.2 mg · 4% of daily needs
Vitamin C				10.7 mg · 13% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/pear-berry-crisp-with-lavender-topping-148514