

## Pear Dauphine' Cocktail

 Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



216 kcal

BEVERAGE

DRINK

### Ingredients

- 0.5 oz anjou pear fresh green
- 0.8 oz st. germain such as st. germain or belvoir
- 0.8 oz hendrick's gin
- 1 serving ice cubes
- 0.5 oz juice of lemon
- 0.8 oz pear liqueur such as clear creek pear brandy or aqua perfecta pear eau de vie

### Equipment

## Directions

- Pour ingredients in shaker and fill with ice. Shake vigorously and strain into a cocktailglass of your choosing.
- Garnish with an edible flower or paper-thin slice of pear on the edge of the glass.

## Nutrition Facts

 **PROTEIN 0.5%**  **FAT 0.61%**  **CARBS 98.89%**

## Properties

Glycemic Index:51.75, Glycemic Load:0.63, Inflammation Score:-2, Nutrition Score:0.77391304347826%

## Flavonoids

Cyanidin: 0.29mg, Cyanidin: 0.29mg, Cyanidin: 0.29mg, Cyanidin: 0.29mg Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg Epigallocatechin: 0.08mg, Epigallocatechin: 0.08mg, Epigallocatechin: 0.08mg, Epigallocatechin: 0.08mg Epicatechin: 0.53mg, Epicatechin: 0.53mg, Epicatechin: 0.53mg, Epicatechin: 0.53mg Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg, Epigallocatechin 3-gallate: 0.02mg Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg

## Nutrients (% of daily need)

Calories: 215.78kcal (10.79%), Fat: 0.05g (0.08%), Saturated Fat: 0.01g (0.05%), Carbohydrates: 19.74g (6.58%), Net Carbohydrates: 19.25g (7%), Sugar: 18.19g (20.21%), Cholesterol: 0mg (0%), Sodium: 3.3mg (0.14%), Alcohol: 15.68g (87.12%), Protein: 0.1g (0.2%), Vitamin C: 6.1mg (7.39%), Fiber: 0.48g (1.93%), Copper: 0.03mg (1.37%)