



Pearl Button



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



251 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients



2 ounces cachaca



0.5 grapefruit



8 ice cubes



0.8 ounce lillet blanc



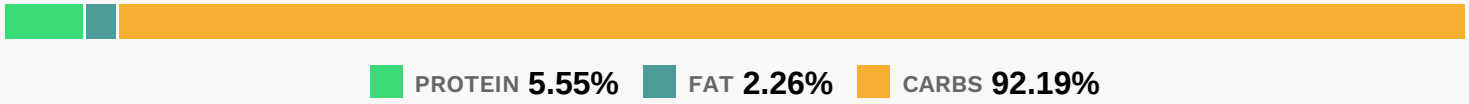
0.5 ounce juice of lime freshly squeezed

Equipment

Directions

- ☐
- Fill 10-ounce Collins or highball glass with ice.
- ☐
- Add cachaca, Lillet Blanc, and lime juice. Top with San Pellegrino Limonata and stir briefly.
- ☐
- Place 1/2 grapefruit wheel in drink and serve immediately.

Nutrition Facts



Properties

Glycemic Index:25, Glycemic Load:2.91, Inflammation Score:-8, Nutrition Score:5.8004348550154%

Flavonoids

Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg Hesperetin: 1.72mg, Hesperetin: 1.72mg, Hesperetin: 1.72mg, Hesperetin: 1.72mg Naringenin: 41.83mg, Naringenin: 41.83mg, Naringenin: 41.83mg, Naringenin: 41.83mg Luteolin: 0.77mg, Luteolin: 0.77mg, Luteolin: 0.77mg, Luteolin: 0.77mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.49mg, Quercetin: 0.49mg, Quercetin: 0.49mg, Quercetin: 0.49mg

Nutrients (% of daily need)

Calories: 251.11kcal (12.56%), Fat: 0.19g (0.29%), Saturated Fat: 0.03g (0.18%), Carbohydrates: 17.36g (5.79%), Net Carbohydrates: 15.25g (5.55%), Sugar: 11.22g (12.47%), Cholesterol: 0mg (0%), Sodium: 5.88mg (0.26%), Alcohol: 25.73g (100%), Alcohol %: 9.82% (100%), Protein: 1.05g (2.09%), Vitamin C: 44.19mg (53.56%), Vitamin A: 1479.09IU (29.58%), Fiber: 2.1g (8.42%), Potassium: 189.38mg (5.41%), Folate: 18.06µg (4.51%), Vitamin B1: 0.06mg (3.91%), Vitamin B6: 0.07mg (3.66%), Vitamin B5: 0.35mg (3.53%), Magnesium: 13.77mg (3.44%), Calcium: 33.5mg (3.35%), Copper: 0.06mg (3.14%), Phosphorus: 25.02mg (2.5%), Vitamin B2: 0.04mg (2.46%), Manganese: 0.03mg (1.54%), Vitamin B3: 0.28mg (1.41%), Vitamin E: 0.2mg (1.32%)