



Pecan Clusters

 Gluten Free

READY IN



45 min.

SERVINGS



100

CALORIES



130 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.5 cup butter
- ☐ 12 ounce evaporated milk canned
- ☐ 1.5 pounds milk chocolate kisses
- ☐ 7 ounce marshmallow creme
- ☐ 6 cups pecan halves
- ☐ 5 cups sugar

Equipment

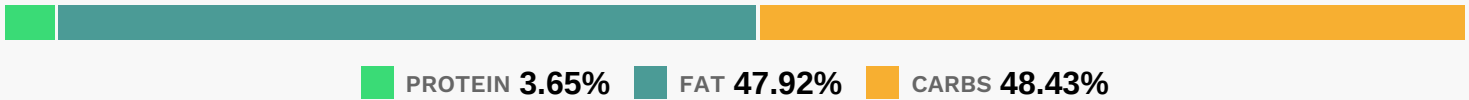
- ☐ bowl

- ☐ baking sheet
- ☐ sauce pan
- ☐ wax paper

Directions

- ☐ Place marshmallow cream and chocolate in a large bowl.
- ☐ Bring sugar, milk, and butter to a boil in a large heavy saucepan, stirring constantly. Boil, stirring constantly, 8 minutes.
- ☐ Add to marshmallow cream mixture, stirring until chocolate melts. Stir in pecans. Drop by rounded teaspoonfuls onto wax paper-lined baking sheets; chill until firm. Store in refrigerator.

Nutrition Facts



Properties

Glycemic Index:0.8, Glycemic Load:7.01, Inflammation Score:-1, Nutrition Score:1.7513043376739%

Flavonoids

Cyanidin: 0.64mg, Cyanidin: 0.64mg, Cyanidin: 0.64mg, Cyanidin: 0.64mg Delphinidin: 0.43mg, Delphinidin: 0.43mg, Delphinidin: 0.43mg, Delphinidin: 0.43mg Catechin: 0.43mg, Catechin: 0.43mg, Catechin: 0.43mg, Catechin: 0.43mg Epigallocatechin: 0.33mg, Epigallocatechin: 0.33mg, Epigallocatechin: 0.33mg, Epigallocatechin: 0.33mg Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg Epigallocatechin 3-gallate: 0.14mg, Epigallocatechin 3-gallate: 0.14mg, Epigallocatechin 3-gallate: 0.14mg, Epigallocatechin 3-gallate: 0.14mg

Nutrients (% of daily need)

Calories: 130.46kcal (6.52%), Fat: 7.4g (11.38%), Saturated Fat: 1.84g (11.47%), Carbohydrates: 16.82g (5.61%), Net Carbohydrates: 16.09g (5.85%), Sugar: 15.46g (17.18%), Cholesterol: 2.62mg (0.87%), Sodium: 19.99mg (0.87%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.27g (2.54%), Manganese: 0.27mg (13.4%), Copper: 0.07mg (3.63%), Fiber: 0.73g (2.93%), Vitamin B1: 0.04mg (2.73%), Calcium: 26.41mg (2.64%), Phosphorus: 23.62mg (2.36%), Magnesium: 8.04mg (2.01%), Zinc: 0.3mg (1.98%), Iron: 0.22mg (1.24%), Vitamin B2: 0.02mg (1.22%), Vitamin A: 52.06IU (1.04%), Potassium: 35.34mg (1.01%)