



Pecan Lace Sandwich Cookies with Orange Buttercream

 Vegetarian

READY IN



45 min.

SERVINGS



18

CALORIES



123 kcal

DESSERT

Ingredients

- ☐ 0.3 cup all purpose flour
- ☐ 2 tablespoons plus light
- ☐ 1 tablespoon orange juice
- ☐ 0.8 teaspoon orange peel grated
- ☐ 4 ounces coarsely ground pecans
- ☐ 1 cup powdered sugar
- ☐ 0.3 cup sugar

- ☐ 0.3 cup butter unsalted room temperature ()
- ☐ 1 teaspoon vanilla extract

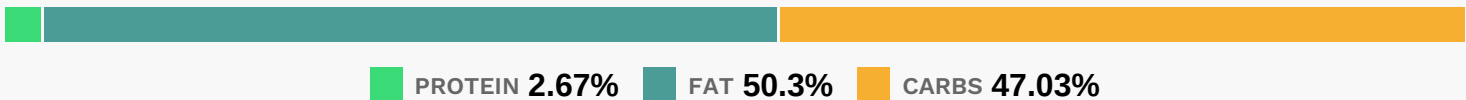
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ sauce pan
- ☐ baking paper
- ☐ oven
- ☐ whisk

Directions

- ☐ Position rack in center of oven and preheat to 350°F. Line 2 baking sheets with parchment paper. Stir butter, sugar, and corn syrup in heavy medium saucepan over low heat until melted and smooth. Bring to boil over medium-high heat, stirring constantly.
- ☐ Remove from heat. Stir in flour.
- ☐ Add nuts and vanilla; stir to combine.
- ☐ Drop dough by teaspoonfuls onto prepared baking sheets, spacing 2 inches apart.
- ☐ Bake cookies, 1 sheet at a time, until bubbling and lightly browned, about 11 minutes. Cool on sheets 10 minutes.
- ☐ Transfer to rack; cool completely.
- ☐ Whisk all ingredients in medium bowl until smooth.
- ☐ Spread 1 teaspoon filling onto bottom of 1 cookie. Top with second cookie, bottom side down, pressing lightly to adhere. Repeat with remaining cookies. (Can be made 2 days ahead. Store between sheets of waxed paper in airtight container at room temperature.)

Nutrition Facts



Properties

Glycemic Index:12.56, Glycemic Load:4.3, Inflammation Score:-1, Nutrition Score:2.0313043659148%

Flavonoids

Cyanidin: 0.68mg, Cyanidin: 0.68mg, Cyanidin: 0.68mg, Cyanidin: 0.68mg Delphinidin: 0.46mg, Delphinidin: 0.46mg, Delphinidin: 0.46mg, Delphinidin: 0.46mg Catechin: 0.46mg, Catechin: 0.46mg, Catechin: 0.46mg, Catechin: 0.46mg Epigallocatechin: 0.35mg, Epigallocatechin: 0.35mg, Epigallocatechin: 0.35mg, Epigallocatechin: 0.35mg Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg Epigallocatechin 3-gallate: 0.14mg, Epigallocatechin 3-gallate: 0.14mg, Epigallocatechin 3-gallate: 0.14mg, Epigallocatechin 3-gallate: 0.14mg Hesperetin: 0.11mg, Hesperetin: 0.11mg, Hesperetin: 0.11mg, Hesperetin: 0.11mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg

Nutrients (% of daily need)

Calories: 122.82kcal (6.14%), Fat: 7.13g (10.98%), Saturated Fat: 2.01g (12.58%), Carbohydrates: 15.01g (5%), Net Carbohydrates: 14.33g (5.21%), Sugar: 12.46g (13.84%), Cholesterol: 6.78mg (2.26%), Sodium: 2.11mg (0.09%), Alcohol: 0.08g (100%), Alcohol %: 0.38% (100%), Protein: 0.85g (1.7%), Manganese: 0.3mg (15.02%), Vitamin B1: 0.06mg (4.15%), Copper: 0.08mg (4.04%), Fiber: 0.68g (2.71%), Zinc: 0.32mg (2.11%), Phosphorus: 20.9mg (2.09%), Magnesium: 8.37mg (2.09%), Vitamin A: 84.55IU (1.69%), Selenium: 1.14µg (1.62%), Iron: 0.28mg (1.53%), Folate: 6.03µg (1.51%), Vitamin B2: 0.02mg (1.37%), Vitamin B3: 0.22mg (1.09%), Vitamin E: 0.16mg (1.09%)