



Pecan Snickerdoodles

 Dairy Free

READY IN



32 min.

SERVINGS



36

CALORIES



137 kcal

DESSERT

Ingredients

- 1 tsp baking soda
- 1 cup butter softened
- 2 tsp cream of tartar
- 2 eggs
- 2.5 cups flour
- 1 tsp ground cinnamon
- 1 cup planters pecans finely chopped
- 0.5 tsp salt

1.8 cups sugar divided

Equipment

bowl

baking sheet

oven

blender

Directions

Heat oven to 375F.

Mix first 5 ingredients in large bowl. Beat butter and 1-1/2 cups sugar in large bowl with mixer until light and fluffy. Blend in eggs. Gradually beat in flour mixture until well blended. Shape into 1-inch balls.

Mix remaining sugar and cinnamon.

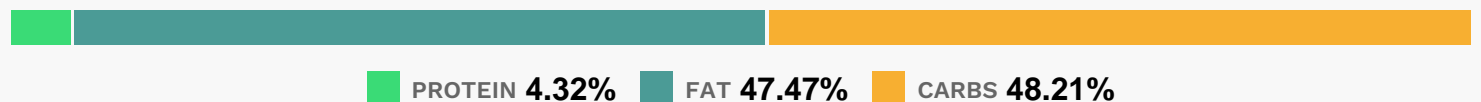
Roll balls in cinnamon sugar.

Place, 2 inches apart, on baking sheets.

Bake 10 to 12 min. or until lightly browned. Cool on baking sheets 1 min.

Remove to wire racks; cool completely.

Nutrition Facts



Properties

Glycemic Index:4.45, Glycemic Load:11.59, Inflammation Score:-2, Nutrition Score:2.4547826419382%

Flavonoids

Cyanidin: 0.3mg, Cyanidin: 0.3mg, Cyanidin: 0.3mg, Cyanidin: 0.3mg Delphinidin: 0.2mg, Delphinidin: 0.2mg, Delphinidin: 0.2mg, Delphinidin: 0.2mg Catechin: 0.2mg, Catechin: 0.2mg, Catechin: 0.2mg, Catechin: 0.2mg Epigallocatechin: 0.15mg, Epigallocatechin: 0.15mg, Epigallocatechin: 0.15mg, Epigallocatechin: 0.15mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Epigallocatechin 3-gallate: 0.06mg, Epigallocatechin 3-gallate: 0.06mg, Epigallocatechin 3-gallate: 0.06mg, Epigallocatechin 3-gallate: 0.06mg

Nutrients (% of daily need)

Calories: 137.47kcal (6.87%), Fat: 7.41g (11.39%), Saturated Fat: 1.31g (8.21%), Carbohydrates: 16.92g (5.64%), Net Carbohydrates: 16.39g (5.96%), Sugar: 9.85g (10.94%), Cholesterol: 9.09mg (3.03%), Sodium: 130.56mg (5.68%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.52g (3.03%), Manganese: 0.2mg (9.85%), Vitamin B1: 0.09mg (5.86%), Selenium: 3.86µg (5.51%), Vitamin A: 240.5IU (4.81%), Folate: 17.71µg (4.43%), Vitamin B2: 0.06mg (3.64%), Iron: 0.53mg (2.96%), Vitamin B3: 0.55mg (2.74%), Copper: 0.05mg (2.43%), Phosphorus: 23.34mg (2.33%), Fiber: 0.54g (2.15%), Vitamin E: 0.27mg (1.78%), Potassium: 54.6mg (1.56%), Zinc: 0.22mg (1.47%), Magnesium: 5.77mg (1.44%), Vitamin B5: 0.1mg (1.05%)