

Peppermint Barktini

 Dairy Free

READY IN



10 min.

SERVINGS



2

CALORIES



539 kcal

BEVERAGE

DRINK

Ingredients

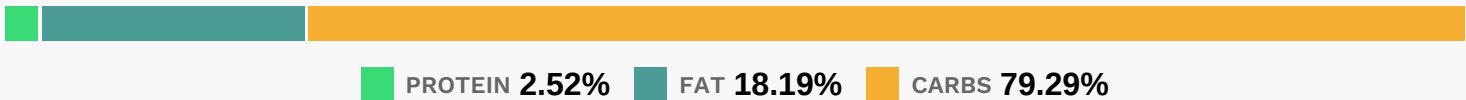
- ☐ 0.3 cup asian rice cracker snack mix crushed chex mix® muddy buddies®
- ☐ 0.3 cup rum / brandy / coffee liqueur
- ☐ 1 teaspoon plus
- ☐ 0.3 cup creme de cacao liqueur
- ☐ 0.3 cup ice cubes
- ☐ 0.3 cup baileys irish cream
- ☐ 0.3 teaspoon peppermint extract
- ☐ 0.3 cup vodka

Equipment

Directions

- ☐ Lightly brush or rub rim of 2 or 4 (3-oz) stemmed glasses glass with chocolate syrup; dip in crushed cereal. If desired, chill in freezer.
- ☐ Place ice in martini shaker or pitcher.
- ☐ Add all remaining ingredients. Shake or stir to blend and chill.
- ☐ Pour into glasses, straining out ice.

Nutrition Facts



Properties

Glycemic Index:17, Glycemic Load:0.73, Inflammation Score:-4, Nutrition Score:1.0030434705803%

Nutrients (% of daily need)

Calories: 539.38kcal (26.97%), Fat: 5.97g (9.18%), Saturated Fat: 3.3g (20.64%), Carbohydrates: 58.53g (19.51%), Net Carbohydrates: 58.11g (21.13%), Sugar: 41.95g (46.61%), Cholesterol: 0.31mg (0.1%), Sodium: 58.66mg (2.55%), Alcohol: 34.87g (100%), Alcohol %: 22.05% (100%), Protein: 1.86g (3.72%), Manganese: 0.06mg (3.04%), Folate: 8.63µg (2.16%), Vitamin B1: 0.03mg (2.05%), Vitamin B3: 0.37mg (1.84%), Iron: 0.32mg (1.8%), Fiber: 0.42g (1.68%), Vitamin B2: 0.03mg (1.54%), Phosphorus: 14.35mg (1.44%), Copper: 0.02mg (1.06%), Magnesium: 4.1mg (1.03%), Vitamin K: 1.07µg (1.01%)