

DESSERT

Peppermint Candy Pie

7 October 2026

TOTAL TIME	PREP	SERVES	PER SERVING	CALORIES
40 min	40 min	12	\$0.45	189 kcal

Peppermint Candy Pie might be just the dessert you are searching for. One serving contains 189 calories, 3g of protein, and 5g of fat. For 45 cents per serving, this recipe covers 3% of your daily requirements of vitamins and minerals. This recipe serves 12. It is perfect for Christmas.

Ingredients

- ☐ 6 ounce chocolate cookie crumb piecrust (such as Oreo)
- ☐ 1 teaspoon unflavored gelatin
- ☐ ¾ cup hard peppermint candies, crushed (such as Starlight Mints; about 26 candies)
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- ☐ ¼ cup sugar
- ☐ 3 tablespoons cornstarch
- ☐ 2 cups 2% reduced-fat milk
- ☐ 8 hard peppermint candies, crushed
- ☐ 2 cups frozen fat-free whipped topping, thawed

EQUIPMENT Sauce pan, Plastic wrap

Method

- 1

Combine first 4 ingredients in a saucepan; stir in milk. Cook over medium heat, stirring constantly, until mixture comes to a boil. Reduce heat and simmer, stirring constantly, 2 minutes or until thick.
- 2

Remove from heat. Cover surface of pudding with plastic wrap. Cool completely in refrigerator.
- 3

Gently fold whipped topping into peppermint mixture. Spoon into piecrust. Cover and chill at least 8 hours.
- 4

Sprinkle with additional crushed peppermint candies.

Nutrition per serving

189

KCAL

3 g

PROTEIN

5 g

FAT

34 g

CARBS

Saturated Fat

1.6 g · 10% of daily needs

Fibre

0.3 g · 1% of daily needs

Sugar

21.7 g · 24% of daily needs

Sodium

100 mg · 4% of daily needs

Cholesterol

5.2 mg · 2% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/peppermint-candy-pie-148625