



## Peppermint Hot Chocolate Cupcake

READY IN



60 min.

SERVINGS



24

CALORIES



349 kcal

DESSERT

### Ingredients

- 0.5 teaspoon double-acting baking powder
- 1.3 teaspoon baking soda
- 1 cup hot-brewed coffee
- 0.5 cup butter softened
- 1 cup buttermilk
- 2 eggs
- 1.7 cups flour all-purpose
- 0.5 cup heavy cream
- 7 ounces marshmallow crème

- 2 tablespoons milk
- 0.3 cup peppermint candies crushed
- 1 teaspoon peppermint extract
- 4 cups powdered sugar
- 1 teaspoon salt
- 6 ounces bittersweet chocolate
- 2 ounces semi chocolate chips mini
- 2 cups sugar
- 0.5 tablespoon butter unsalted
- 1 cup cocoa powder unsweetened
- 0.5 teaspoon vanilla extract
- 0.5 cup vegetable oil

## Equipment

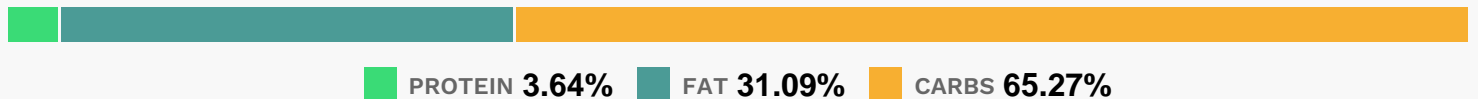
- bowl
- sauce pan
- oven
- whisk
- hand mixer
- toothpicks
- muffin liners
- muffin tray
- pastry bag
- apple corer

## Directions

- Preheat the oven to 350 degrees F. Line a cupcake or muffin pan with 24 regular-size cupcake liners.

- Combine the chocolate chips and hot coffee together, stirring occasionally until the chocolate is melted and the mixture is smooth. In a large bowl sift together the sugar, flour, cocoa powder, baking soda, baking powder and salt. In another bowl, beat the eggs with an electric mixer until thickened slightly. Slowly add the buttermilk, oil and vanilla.
- Add the melted chocolate mixture to the eggs, and combine completely.
- Add the sugar mixture and beat on medium speed until well combined.
- Fill the prepared cupcake liners three-quarters full with the cupcake batter.
- Place in the oven and bake until a toothpick inserted in center comes out clean, 18 to 21 minutes. Cool the cupcakes completely.
- While the cupcakes are baking, prepare the Chocolate Ganache and the Peppermint Marshmallow Buttercream Frosting.
- Put the frosting into a pastry bag fitted with a star tip.
- To assemble: Using an apple corer, remove the center of each cupcake. Fill each cupcake with a spoonful of the Chocolate Ganache. Using the frosting-filled pastry bag, frost the cupcakes.
- Sprinkle with crushed peppermint candies.
- Bring the heavy cream and butter to a simmer in a small saucepan. Turn off the heat and add in the chocolate. Stir the mixture until smooth. Set aside to cool.
- Whip together the butter and marshmallow cream, using an electric mixer fitted with a whisk attachment.
- Add the peppermint extract. Slowly add 2 cups of the powdered sugar and continue to mix on a slow speed.
- Add the milk and additional powdered sugar, up to 2 cups, until desired consistency is reached.

## Nutrition Facts



## Properties

Glycemic Index:14.84, Glycemic Load:16.62, Inflammation Score:-3, Nutrition Score:5.4973913188214%

## Flavonoids

Catechin: 2.32mg, Catechin: 2.32mg, Catechin: 2.32mg, Catechin: 2.32mg Epicatechin: 7.04mg, Epicatechin: 7.04mg, Epicatechin: 7.04mg, Epicatechin: 7.04mg Quercetin: 0.36mg, Quercetin: 0.36mg, Quercetin: 0.36mg, Quercetin: 0.36mg

## **Nutrients (% of daily need)**

Calories: 349.24kcal (17.46%), Fat: 12.59g (19.37%), Saturated Fat: 7.3g (45.64%), Carbohydrates: 59.47g (19.82%), Net Carbohydrates: 57.16g (20.78%), Sugar: 46.97g (52.19%), Cholesterol: 31.85mg (10.62%), Sodium: 218.68mg (9.51%), Alcohol: 0.09g (100%), Alcohol %: 0.1% (100%), Caffeine: 20.32mg (6.77%), Protein: 3.32g (6.64%), Manganese: 0.33mg (16.4%), Copper: 0.28mg (13.75%), Magnesium: 38.81mg (9.7%), Fiber: 2.32g (9.27%), Iron: 1.6mg (8.91%), Selenium: 6.19µg (8.84%), Phosphorus: 83.49mg (8.35%), Vitamin B2: 0.12mg (6.92%), Vitamin B1: 0.08mg (5.57%), Folate: 19.8µg (4.95%), Vitamin A: 241.41IU (4.83%), Zinc: 0.67mg (4.45%), Potassium: 149.66mg (4.28%), Calcium: 40.56mg (4.06%), Vitamin B3: 0.71mg (3.54%), Vitamin K: 3.03µg (2.89%), Vitamin E: 0.35mg (2.32%), Vitamin B5: 0.22mg (2.18%), Vitamin D: 0.3µg (2.01%), Vitamin B12: 0.12µg (1.98%), Vitamin B6: 0.02mg (1.2%)