



Peppermint Muddy Buddies Bark

 Dairy Free

READY IN



75 min.

SERVINGS



60

CALORIES



89 kcal

DESSERT

Ingredients

- ☐ 2 cups asian rice cracker snack mix crushed chex mix® muddy buddies®
- ☐ 24 oz candy coating disks (almond bark)
- ☐ 1 cup chocolate chips dark

Equipment

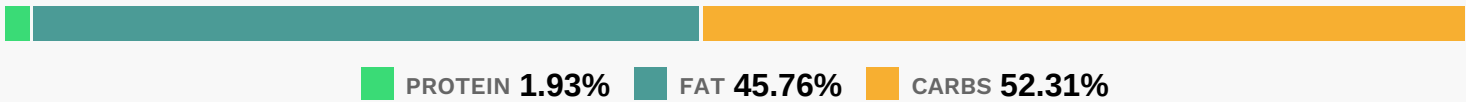
- ☐ baking sheet
- ☐ baking paper
- ☐ knife
- ☐ aluminum foil

- ☐ microwave
- ☐ measuring cup

Directions

- ☐ Line cookie sheet with waxed paper, foil or cooking parchment paper.
- ☐ Place vanilla coating in 8-cup microwavable measuring cup or 2-quart microwavable casserole. Microwave uncovered on High 1 minute to 1 minute 30 seconds, stirring every 30 seconds, until almost melted. Stir until smooth; stir in 3/4 cup of the cereal.
- ☐ Place chocolate chips in 4-cup microwavable measuring cup or 2-quart microwavable casserole. Microwave uncovered on High 1 minute to 1 minute 30 seconds, stirring every 30 seconds, until almost melted. Stir until smooth; stir in 3/4 cup of the cereal.
- ☐ Spread vanilla mixture on lined cookie sheet to 1/4-inch thickness. Spoon chocolate mixture randomly over vanilla layer; marble with knife to create swirls showing both white and dark chocolate (do not mix colors completely).
- ☐ Sprinkle with remaining cereal; pressing gently.
- ☐ Let stand about 1 hour or until cool and hardened. Break into pieces. Store tightly covered at room temperature.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:1, Nutrition Score:0.51347826089224%

Nutrients (% of daily need)

Calories: 89.22kcal (4.46%), Fat: 4.38g (6.73%), Saturated Fat: 4.14g (25.88%), Carbohydrates: 11.25g (3.75%), Net Carbohydrates: 11.03g (4.01%), Sugar: 9.27g (10.29%), Cholesterol: 0.11mg (0.04%), Sodium: 19.95mg (0.87%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.42g (0.83%), Manganese: 0.02mg (1.01%), Calcium: 10.06mg (1.01%)