



Peppermint Pattie Iced Coffee with International Delight



Gluten Free



Dairy Free



Popular

READY IN



2 min.

SERVINGS



1

CALORIES



128 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 serving chocolate syrup
- ☐ 1 serving ice cubes
- ☐ 6 oz ice cubes flavored brewed (I prefer to use a vanilla coffee)
- ☐ 1 serving non-dairy creamer like mimiccreme
- ☐ 1 serving whipped cream

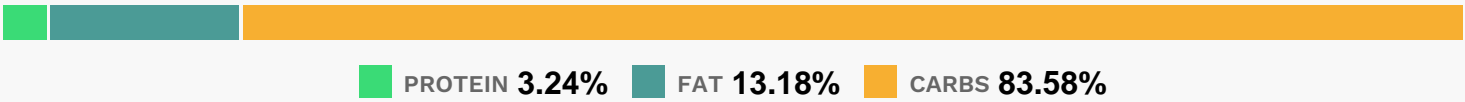
Equipment

- ☐ drinking straws

Directions

- ☐ Fill 12–16 ounce plastic tumbler full of ice. (We love our Starbucks Tumblers)
- ☐ Drizzle a little chocolate syrup over ice.Brew coffee right into cup (or pour freshly brewed coffee if you don't have a Keurig)
- ☐ Pour creamer over iced coffee (I use 2 single serve creamers)Top with whipped cream and another drizzle of chocolate.Enjoy with a straw.

Nutrition Facts



Properties

Glycemic Index:55, Glycemic Load:0.41, Inflammation Score:-1, Nutrition Score:2.3799999903726%

Nutrients (% of daily need)

Calories: 128.38kcal (6.42%), Fat: 1.88g (2.9%), Saturated Fat: 1.06g (6.61%), Carbohydrates: 26.9g (8.97%), Net Carbohydrates: 25.86g (9.4%), Sugar: 20.45g (22.73%), Cholesterol: 4.56mg (1.52%), Sodium: 41.25mg (1.79%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.04g (2.08%), Copper: 0.24mg (12.08%), Manganese: 0.15mg (7.64%), Magnesium: 28.92mg (7.23%), Phosphorus: 57.58mg (5.76%), Iron: 0.85mg (4.71%), Fiber: 1.04g (4.16%), Potassium: 100.33mg (2.87%), Zinc: 0.34mg (2.25%), Calcium: 18.53mg (1.85%), Vitamin B2: 0.02mg (1.41%)