



Peppermint Patties

 Gluten Free

READY IN



45 min.

SERVINGS



60

CALORIES



95 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 1 cup butter
- 1 pound powdered sugar
- 0.3 cup evaporated milk
- 2 teaspoons peppermint extract
- 12 ounces bittersweet chocolate
- 2 tablespoons shortening
- 0.5 teaspoon vanilla extract

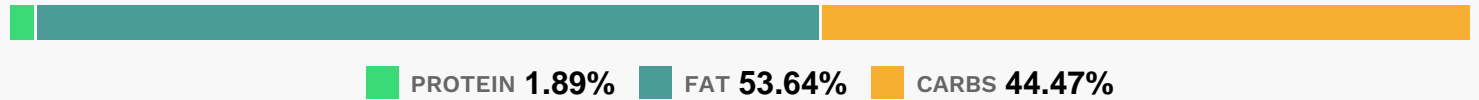
Equipment

- bowl
- baking sheet
- microwave

Directions

- In bowl, combine sugar, butter, and extracts.
- Add milk and mix well.
- Roll into 1" balls and place on waxed paper lined cookie sheets. Chill for about 20 minutes. Flatten with glass to 1/4" and chill another 20–30 minutes. In microwave melt shortening and chocolate chips on high for about 1 minute. Dip patties into chocolate and place on waxed paper lined sheets to harden.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:1.1130434782609%

Taste

Sweetness: 100%, Saltiness: 0.39%, Sourness: 0%, Bitterness: 0%, Savoriness: 0%, Fattiness: 59.61%, Spiciness: 0%

Nutrients (% of daily need)

Calories: 95.11kcal (4.76%), Fat: 5.72g (8.81%), Saturated Fat: 2.04g (12.72%), Carbohydrates: 10.68g (3.56%), Net Carbohydrates: 10.22g (3.72%), Sugar: 9.6g (10.67%), Cholesterol: 0.64mg (0.21%), Sodium: 37.54mg (1.63%), Caffeine: 4.88mg (1.63%), Protein: 0.45g (0.91%), Manganese: 0.08mg (3.79%), Copper: 0.07mg (3.58%), Vitamin A: 140.67IU (2.81%), Magnesium: 10.36mg (2.59%), Iron: 0.37mg (2.03%), Fiber: 0.45g (1.81%), Phosphorus: 17.75mg (1.78%), Vitamin E: 0.18mg (1.19%), Potassium: 37.32mg (1.07%), Zinc: 0.16mg (1.06%)