



## Peppermint White Chocolate Chip Cookies

 Popular

READY IN



80 min.

SERVINGS



12

CALORIES



307 kcal

DESSERT

### Ingredients

- 1.5 cup all purpose flour sifted
- 1 teaspoon baking soda
- 0.5 cup brown sugar packed
- 0.5 cup butter low fat room temperature (only real butter, not )
- 0.5 cup peppermint candy cane crushed
- 1 eggs
- 0.3 teaspoon salt
- 1 teaspoon vanilla extract

- 1 cup chocolate chips white
- 0.5 cup sugar white

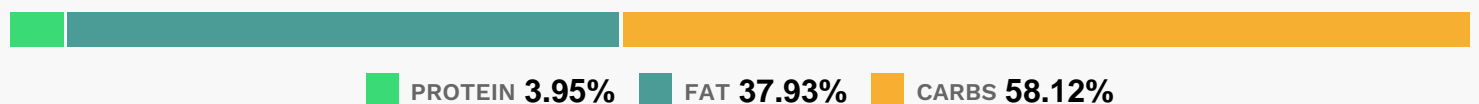
## Equipment

- bowl
- baking sheet
- baking paper
- oven

## Directions

- Mix the butter and sugars in a bowl. Beat in the egg and vanilla extract.
- Mix the flour, baking soda and salt in another bowl.
- Mix the dry ingredients into the wet until they are just incorporated.
- Mix in the chocolate and the peppermint candy cane. Chill the dough in the fridge for 30–60 minutes before placing it onto a parchment paper lined cookie sheet one table spoon at a time rolled up into balls.
- Bake in a 350F preheated oven until just lightly golden brown around the edges, about 8–10 minutes.

## Nutrition Facts



## Properties

Glycemic Index:27.92, Glycemic Load:25.33, Inflammation Score:-2, Nutrition Score:3.8034782448541%

## Nutrients (% of daily need)

Calories: 307.35kcal (15.37%), Fat: 13.01g (20.02%), Saturated Fat: 7.91g (49.44%), Carbohydrates: 44.87g (14.96%), Net Carbohydrates: 44.42g (16.15%), Sugar: 30.95g (34.39%), Cholesterol: 37.13mg (12.38%), Sodium: 222.16mg (9.66%), Alcohol: 0.11g (100%), Alcohol %: 0.21% (100%), Protein: 3.05g (6.1%), Selenium: 7.35µg (10.5%), Vitamin B1: 0.13mg (8.94%), Vitamin B2: 0.14mg (8.32%), Folate: 31.74µg (7.94%), Manganese: 0.12mg (5.79%), Phosphorus: 53.19mg (5.32%), Vitamin B3: 1.05mg (5.26%), Vitamin A: 260.66IU (5.21%), Iron: 0.9mg (4.98%), Calcium: 44.28mg (4.43%), Vitamin E: 0.41mg (2.74%), Vitamin B5: 0.24mg (2.38%), Potassium: 79.81mg (2.28%), Vitamin B12: 0.13µg

(2.21%), Vitamin K: 2.09µg (1.99%), Copper: 0.04mg (1.97%), Zinc: 0.28mg (1.87%), Fiber: 0.45g (1.81%), Magnesium: 6.73mg (1.68%), Vitamin B6: 0.03mg (1.28%)