



Perfect Pitcher of Pink Raspberry Cosmopolitans

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



10 min.

SERVINGS



10

CALORIES



131 kcal

BEVERAGE

DRINK

Ingredients

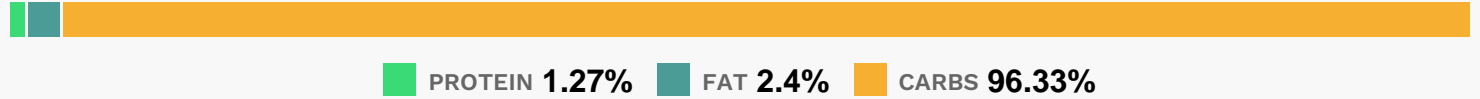
- 3 cups pepperoncini pepper juice
- 1 lime sliced
- 0.5 cup juice of lime sweetened (such as Rose's®)
- 0.5 cup triple sec
- 1 cup vodka

Equipment

Directions

- Fill a pitcher with ice, and pour in the vodka, triple sec, lime juice, and cran-raspberry juice. Stir to mix.
- Serve garnished with a lime slice that has been rubbed around the glass edge.

Nutrition Facts



Properties

Glycemic Index:8.77, Glycemic Load:3.53, Inflammation Score:-2, Nutrition Score:1.1591304346271%

Flavonoids

Cyanidin: 0.01mg, Cyanidin: 0.01mg, Cyanidin: 0.01mg, Cyanidin: 0.01mg Catechin: 0.93mg, Catechin: 0.93mg, Catechin: 0.93mg, Catechin: 0.93mg Epicatechin: 3.5mg, Epicatechin: 3.5mg, Epicatechin: 3.5mg, Epicatechin: 3.5mg Eriodictyol: 0.26mg, Eriodictyol: 0.26mg, Eriodictyol: 0.26mg, Eriodictyol: 0.26mg Hesperetin: 3.97mg, Hesperetin: 3.97mg, Hesperetin: 3.97mg, Hesperetin: 3.97mg Naringenin: 0.27mg, Naringenin: 0.27mg, Naringenin: 0.27mg, Naringenin: 0.27mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.52mg, Quercetin: 0.52mg, Quercetin: 0.52mg, Quercetin: 0.52mg

Nutrients (% of daily need)

Calories: 131.04kcal (6.55%), Fat: 0.15g (0.24%), Saturated Fat: 0.03g (0.2%), Carbohydrates: 13.93g (4.64%), Net Carbohydrates: 13.54g (4.93%), Sugar: 11.27g (12.53%), Cholesterol: 0mg (0%), Sodium: 4.54mg (0.2%), Alcohol: 11.08g (100%), Alcohol %: 10.89% (100%), Caffeine: 3.07mg (1.02%), Protein: 0.18g (0.37%), Vitamin C: 6.25mg (7.57%), Manganese: 0.06mg (2.99%), Potassium: 99.92mg (2.85%), Fiber: 0.38g (1.54%), Vitamin B1: 0.02mg (1.49%), Magnesium: 5.44mg (1.36%), Copper: 0.02mg (1.18%), Vitamin B2: 0.02mg (1.11%), Vitamin B6: 0.02mg (1.04%)