



Petite Mocha Cakes

READY IN



27 min.

SERVINGS



27

CALORIES



98 kcal

DESSERT

Ingredients

- 4 oz baker's bittersweet chocolate (6 oz.)
- 0.8 cup butter cut into pieces (1-)
- 4 eggs
- 0.3 cup flour
- 0.3 tsp ground cinnamon
- 2 Tbsp maxwell house coffee instant
- 0.7 cup powdered sugar
- 1 tsp vanilla

Equipment

- bowl
- oven
- hand mixer
- microwave
- muffin liners

Directions

- Preheat oven to 400F. Microwave butter, chocolate and coffee in large microwaveable bowl on HIGH 1 min. or until butter is melted. Stir until chocolate is completely melted. Freeze 5 min. or until cooled, stirring occasionally.
- Beat eggs, powdered sugar and vanilla in large bowl with electric mixer on high speed 2 to 3 min. or until well blended.
- Add chocolate mixture; mix well.
- Combine flour and cinnamon.
- Add to chocolate mixture; beat just until blended. Spoon evenly into 12 paper-lined medium muffin cups.
- Bake 8 to 10 min. or until cakes are slightly puffed and feel firm at edges and soft in center when pressed with fingertip. Cool 5 min.; remove paper liners.
- Serve warm.

Nutrition Facts

 **PROTEIN 5.44%**  **FAT 67.31%**  **CARBS 27.25%**

Properties

Glycemic Index:4.81, Glycemic Load:0.85, Inflammation Score:-1, Nutrition Score:1.7882608719494%

Nutrients (% of daily need)

Calories: 97.81kcal (4.89%), Fat: 7.36g (11.32%), Saturated Fat: 4.37g (27.33%), Carbohydrates: 6.71g (2.24%), Net Carbohydrates: 6.31g (2.3%), Sugar: 4.49g (4.99%), Cholesterol: 38.06mg (12.69%), Sodium: 50.46mg (2.19%), Alcohol: 0.05g (100%), Alcohol %: 0.31% (100%), Caffeine: 15.24mg (5.08%), Protein: 1.34g (2.68%), Selenium:

3.01µg (4.29%), Manganese: 0.08mg (3.95%), Vitamin A: 194.95IU (3.9%), Copper: 0.06mg (3.01%), Phosphorus: 28.15mg (2.82%), Iron: 0.47mg (2.63%), Vitamin B2: 0.04mg (2.51%), Magnesium: 9.88mg (2.47%), Vitamin E: 0.24mg (1.61%), Fiber: 0.39g (1.56%), Folate: 6.08µg (1.52%), Zinc: 0.21mg (1.43%), Potassium: 49.48mg (1.41%), Vitamin B5: 0.13mg (1.27%), Vitamin B12: 0.08µg (1.27%), Vitamin B3: 0.24mg (1.2%), Vitamin B1: 0.02mg (1.1%)