

# Pfeffernusse

 Dairy Free

READY IN

ready

25 min.

SERVINGS

servings

25

CALORIES

calories

135 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

## Ingredients

- ☐ 0.5 teaspoon anise extract pure mccormick®
- ☐ 1 teaspoon double-acting baking powder
- ☐ 1 cup firmly brown sugar light packed
- ☐ 0.5 cup butter softened
- ☐ 25 servings confectioners' sugar
- ☐ 2 eggs
- ☐ 1.8 cups flour all-purpose sifted
- ☐ 1 teaspoon ground cinnamon mccormick®

- ☐ 0.1 teaspoon ground cloves mccormick®
- ☐ 0.1 teaspoon ground nutmeg mccormick®
- ☐ 0.5 teaspoon ground pepper black mccormick®
- ☐ 0.5 teaspoon lemon extract pure mccormick®
- ☐ 0.5 teaspoon salt
- ☐ 1 teaspoon vanilla extract pure mccormick®

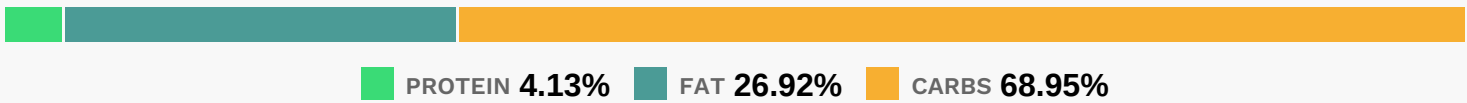
## Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ blender
- ☐ hand mixer

## Directions

- ☐ Place brown sugar and butter in large mixer bowl. Cream with electric mixer until smooth and fluffy. Beat in eggs and extracts.
- ☐ Add remaining ingredients, except confectioners sugar, to sifted flour and sift again. Gradually add to butter mixture, mixing well. Cover and refrigerate 2 hours.
- ☐ Preheat oven to 375 degrees F. Shape teaspoonfuls of dough into ovals and place 1 inch apart on ungreased cookie sheets.
- ☐ Bake 10 minutes.
- ☐ Remove from cookie sheets and place on wire racks.
- ☐ Sprinkle with confectioners sugar while cookies are still warm. When cookies are cool, store in airtight containers.

## Nutrition Facts



## Properties

Glycemic Index:10.96, Glycemic Load:4.88, Inflammation Score:-2, Nutrition Score:2.0121739372287%

Nutrients (% of daily need)

Calories: 135.01kcal (6.75%), Fat: 4.08g (6.28%), Saturated Fat: 0.89g (5.54%), Carbohydrates: 23.53g (7.84%), Net Carbohydrates: 23.23g (8.45%), Sugar: 16.42g (18.25%), Cholesterol: 13.09mg (4.36%), Sodium: 114.14mg (4.96%), Alcohol: 0.05g (100%), Alcohol %: 0.2% (100%), Protein: 1.41g (2.81%), Selenium: 4.21µg (6.01%), Vitamin B1: 0.07mg (4.71%), Manganese: 0.09mg (4.62%), Folate: 17.82µg (4.46%), Vitamin B2: 0.06mg (3.69%), Vitamin A: 181.88IU (3.64%), Iron: 0.57mg (3.14%), Vitamin B3: 0.53mg (2.66%), Calcium: 22.54mg (2.25%), Phosphorus: 21.48mg (2.15%), Vitamin E: 0.19mg (1.24%), Fiber: 0.29g (1.18%), Vitamin B5: 0.11mg (1.09%), Copper: 0.02mg (1.05%)