



PHILADELPHIA Pesto Christmas Tree

 Vegetarian  Gluten Free  Popular

READY IN



10 min.

SERVINGS



10

CALORIES



109 kcal

CONDIMENT

DIP

SPREAD

SAUCE

Ingredients

- 0.3 cup classico basil pesto sauce and spread traditional
- 10 servings cinnamon sticks
- 8 oz philadelphia cream cheese
- 1 Tbsp pasilla peppers red chopped

Equipment

Directions

- Cut block of cream cheese diagonally in half.
- Place triangles together to resemble Christmas tree on serving plate. Cover with pesto.
- Add peppers for the tree ornaments. Insert cinnamon stick at base of triangle for the tree trunk.
- Serve as a spread for assorted crackers.

Nutrition Facts

PROTEIN 6.37%

FAT 81.42%

CARBS 12.21%

Properties

Glycemic Index:6.4, Glycemic Load:0.38, Inflammation Score:-3, Nutrition Score:2.5726086600967%

Flavonoids

Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg

Nutrients (% of daily need)

Calories: 108.55kcal (5.43%), Fat: 10.12g (15.57%), Saturated Fat: 4.99g (31.16%), Carbohydrates: 3.42g (1.14%), Net Carbohydrates: 2.24g (0.81%), Sugar: 1.13g (1.26%), Cholesterol: 23.4mg (7.8%), Sodium: 129.42mg (5.63%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.78g (3.56%), Manganese: 0.35mg (17.64%), Vitamin A: 464.6IU (9.29%), Calcium: 52.09mg (5.21%), Fiber: 1.18g (4.72%), Vitamin B2: 0.05mg (3.16%), Selenium: 2.01µg (2.88%), Phosphorus: 25.79mg (2.58%), Vitamin E: 0.26mg (1.71%), Vitamin C: 1.27mg (1.54%), Vitamin B5: 0.14mg (1.39%), Iron: 0.23mg (1.29%), Potassium: 40.52mg (1.16%), Vitamin K: 1.15µg (1.09%), Zinc: 0.15mg (1.02%)