



Pineapple Mojito Cake

READY IN



85 min.

SERVINGS



25

CALORIES



154 kcal

DESSERT

Ingredients

- 0.7 cup knudsen cream sour
- 3 eggs
- 2 Tbsp mint leaves fresh finely chopped
- 1 lime zest divided
- 2 Tbsp oil
- 1.5 cups pineapple fresh chopped
- 5 slices pineapple wedges fresh (1/)
- 0.7 cup powdered sugar
- 8 oz cool whip whipped topping thawed

- 1 pkg duncan hines classic decadent cake mix white (2-layer size)

Equipment

- bowl
- baking paper
- oven
- whisk
- blender
- toothpicks

Directions

- Heat oven to 350F.
- Cover bottoms of 2 (9-inch) round pans with parchment paper; spray with cooking spray.
- Add enough water to lime juice to measure 1-1/3 cups.
- Add to cake mix in large bowl with eggs and oil; beat with mixer on low speed just until moistened. Scrape bottom and side of bowl; beat on medium speed 2 min.
- Pour into prepared pans.
- Bake 25 to 30 min. or until toothpick inserted in centers comes out clean. Cool 10 min.; remove to wire racks. Cool completely.
- Mix sour cream and sugar in large bowl with whisk until well blended. Stir in COOL WHIP and lime zest; spoon 3/4 cup into medium bowl.
- Add chopped pineapple and mint; mix well.
- Stack cake layers on plate, filling with pineapple mixture. Frost with remaining COOL WHIP mixture.
- Garnish with pineapple wedges.

Nutrition Facts



PROTEIN 5.38% **FAT 27.57%** **CARBS 67.05%**

Properties

Glycemic Index:5.97, Glycemic Load:1.9, Inflammation Score:-2, Nutrition Score:4.370434815469%

Flavonoids

Eriodictyol: 0.04mg, Eriodictyol: 0.04mg, Eriodictyol: 0.04mg, Eriodictyol: 0.04mg Hesperetin: 1.17mg, Hesperetin: 1.17mg, Hesperetin: 1.17mg, Hesperetin: 1.17mg Naringenin: 0.09mg, Naringenin: 0.09mg, Naringenin: 0.09mg, Naringenin: 0.09mg Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg

Nutrients (% of daily need)

Calories: 153.54kcal (7.68%), Fat: 4.8g (7.39%), Saturated Fat: 2.3g (14.37%), Carbohydrates: 26.28g (8.76%), Net Carbohydrates: 25.59g (9.31%), Sugar: 16.88g (18.75%), Cholesterol: 23.44mg (7.81%), Sodium: 159.67mg (6.94%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.11g (4.21%), Vitamin C: 13.64mg (16.53%), Manganese: 0.29mg (14.7%), Phosphorus: 94.23mg (9.42%), Calcium: 65.58mg (6.56%), Vitamin B2: 0.1mg (5.74%), Folate: 22.76µg (5.69%), Selenium: 3.9µg (5.57%), Vitamin B1: 0.07mg (4.8%), Vitamin E: 0.51mg (3.41%), Iron: 0.61mg (3.39%), Vitamin B3: 0.65mg (3.27%), Fiber: 0.69g (2.75%), Copper: 0.05mg (2.72%), Vitamin B6: 0.05mg (2.52%), Vitamin B5: 0.23mg (2.25%), Potassium: 69.57mg (1.99%), Magnesium: 7.62mg (1.91%), Vitamin A: 95.7IU (1.91%), Vitamin K: 1.96µg (1.86%), Zinc: 0.23mg (1.53%), Vitamin B12: 0.08µg (1.3%)