

Pink Brain Shooter

 **Gluten Free**

READY IN



320 min.

SERVINGS



1

CALORIES



1535 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

Ingredients

- 4 drops food coloring blue
- 12 fluid ounce evaporated milk canned
- 1 gelatin powder brain-shaped
- 1.5 cups peach schnapps
- 12 ounce peaches flavored
- 2 drops food coloring red
- 2 teaspoons water

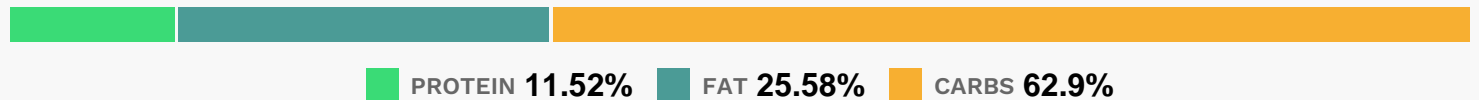
Equipment

bowl

Directions

- Lightly oil a brain-shaped gelatin mold.
- Stir the peach gelatin mix with boiling water in a bowl to dissolve the gelatin. Allow to cool to room temperature, about 20 minutes.
- Mix in the evaporated milk and peach schnapps; pour into the prepared mold. Refrigerate until set, 4 to 6 hours.
- To decorate, dip the mold in very warm water (don't let the water enter the top of the mold) to loosen; invert the mold on a serving platter and lift to leave the brain in place.
- Mix blue and red food coloring in a small bowl with 2 teaspoons of water. Use a small clean paintbrush to paint the coloring into the grooves of the brain. Return the brain to the refrigerator until the food coloring sets.
- Serve cold.

Nutrition Facts



Properties

Glycemic Index:40.25, Glycemic Load:11.78, Inflammation Score:-9, Nutrition Score:26.830000048098%

Flavonoids

Cyanidin: 6.53mg, Cyanidin: 6.53mg, Cyanidin: 6.53mg, Cyanidin: 6.53mg Catechin: 16.74mg, Catechin: 16.74mg, Catechin: 16.74mg, Catechin: 16.74mg Epigallocatechin: 3.54mg, Epigallocatechin: 3.54mg, Epigallocatechin: 3.54mg, Epigallocatechin: 3.54mg Epicatechin: 7.96mg, Epicatechin: 7.96mg, Epicatechin: 7.96mg, Epicatechin: 7.96mg Epigallocatechin 3-gallate: 1.02mg, Epigallocatechin 3-gallate: 1.02mg, Epigallocatechin 3-gallate: 1.02mg, Epigallocatechin 3-gallate: 1.02mg Kaempferol: 0.75mg, Kaempferol: 0.75mg, Kaempferol: 0.75mg, Kaempferol: 0.75mg Quercetin: 2.25mg, Quercetin: 2.25mg, Quercetin: 2.25mg, Quercetin: 2.25mg

Nutrients (% of daily need)

Calories: 1535.05kcal (76.75%), Fat: 27.75g (42.69%), Saturated Fat: 16.36g (102.23%), Carbohydrates: 153.53g (51.18%), Net Carbohydrates: 148.43g (53.97%), Sugar: 146.3g (162.55%), Cholesterol: 102.9mg (34.3%), Sodium: 422.82mg (18.38%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 28.12g (56.23%), Calcium: 940.59mg (94.06%), Phosphorus: 795.56mg (79.56%), Vitamin B2: 1.23mg (72.3%), Potassium: 1490.36mg (42.58%), Vitamin A: 1957.1IU (39.14%), Magnesium: 112.7mg (28.17%), Vitamin B5: 2.79mg (27.86%), Vitamin C: 20.69mg (25.08%),

Zinc: 3.52mg (23.45%), Selenium: 15.7µg (22.43%), Fiber: 5.1g (20.41%), Vitamin E: 3.05mg (20.34%), Copper: 0.35mg (17.27%), Vitamin B3: 3.43mg (17.16%), Vitamin B1: 0.25mg (16.58%), Vitamin B6: 0.26mg (13.13%), Folate: 49.1µg (12.27%), Vitamin K: 12.33µg (11.75%), Manganese: 0.23mg (11.49%), Iron: 1.84mg (10.23%), Vitamin B12: 0.57µg (9.46%), Vitamin D: 0.35µg (2.37%)