



Pink Greyhound



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



672 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 5 sprigs rosemary leaves fresh
- ☐ 1 serving grapefruit
- ☐ 4 ounces grapefruit juice freshly squeezed
- ☐ 1 serving ice cubes
- ☐ 0.5 ounce simple syrup glaze
- ☐ 0.5 cup sugar
- ☐ 2 ounces vodka
- ☐ 0.5 cup water

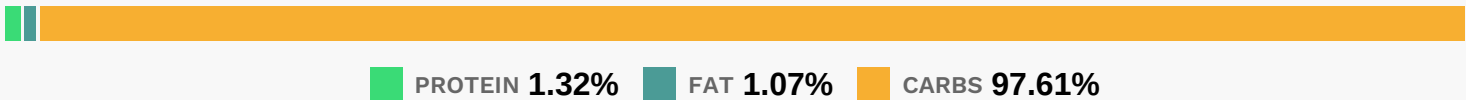
Equipment

☐ sauce pan

Directions

- ☐ To make the rosemary simple syrup, combine the rosemary, sugar and water in a small saucepan and bring to a boil. Simmer until the syrup is infused with the flavor of the rosemary, about 8 minutes.
- ☐ Let cool.
- ☐ For the cocktail, fill a rocks glass with ice.
- ☐ Add vodka, 1/2 ounce rosemary simple syrup, and grapefruit juice. Stir gently.
- ☐ Garnish with grapefruit twist and rosemary sprig.

Nutrition Facts



Properties

Glycemic Index:158.09, Glycemic Load:79.3, Inflammation Score:-9, Nutrition Score:9.439565098804%

Flavonoids

Hesperetin: 0.54mg, Hesperetin: 0.54mg, Hesperetin: 0.54mg, Hesperetin: 0.54mg Naringenin: 50.39mg, Naringenin: 50.39mg, Naringenin: 50.39mg Luteolin: 0.93mg, Luteolin: 0.93mg, Luteolin: 0.93mg, Luteolin: 0.93mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.51mg, Quercetin: 0.51mg, Quercetin: 0.51mg

Nutrients (% of daily need)

Calories: 671.6kcal (33.58%), Fat: 0.68g (1.04%), Saturated Fat: 0.05g (0.29%), Carbohydrates: 139.14g (46.38%), Net Carbohydrates: 136.49g (49.63%), Sugar: 133.26g (148.07%), Cholesterol: 0mg (0%), Sodium: 20.9mg (0.91%), Alcohol: 18.94g (100%), Alcohol %: 3.92% (100%), Protein: 1.88g (3.77%), Vitamin C: 78.66mg (95.35%), Vitamin A: 1793.56IU (35.87%), Potassium: 406.44mg (11.61%), Fiber: 2.65g (10.59%), Magnesium: 28.82mg (7.2%), Iron: 1.18mg (6.53%), Vitamin B1: 0.09mg (5.84%), Folate: 22.83µg (5.71%), Calcium: 52.61mg (5.26%), Vitamin B5: 0.52mg (5.21%), Copper: 0.09mg (4.71%), Vitamin B2: 0.08mg (4.7%), Phosphorus: 44.49mg (4.45%), Vitamin B6: 0.08mg (4.16%), Vitamin B3: 0.67mg (3.37%), Manganese: 0.04mg (2.13%), Zinc: 0.28mg (1.87%), Vitamin E: 0.2mg (1.33%), Selenium: 0.85µg (1.22%)