



Pink Lady

 Vegetarian  Gluten Free

READY IN



5 min.

SERVINGS



1

CALORIES



212 kcal

BEVERAGE

DRINK

Ingredients

- 1 large egg whites
- 2 ounces hendrick's gin
- 1 teaspoon grenadine syrup
- 0.5 ounce cup heavy whipping cream
- 1 serving ice cubes

Equipment

Directions

- Place a cocktail glass in the freezer to chill.
- Place the gin, egg white (if using), cream, and grenadine in a cocktail shaker. Fill the shaker halfway with ice and shake until the outside is frosty, about 30 seconds. Strain into the chilled glass. Variations: Pink Panther: Substitute 1 ounce vodka and 1 ounce amaretto for the gin, and omit the egg. Pink Rose: Substitute light cream for the heavy cream, and add a dash of fresh lemon juice.

Nutrition Facts



PROTEIN 19.7% **FAT 57.35%** **CARBS 22.95%**

Properties

Glycemic Index:115, Glycemic Load:4.01, Inflammation Score:-3, Nutrition Score:1.7547826329651%

Nutrients (% of daily need)

Calories: 212.41kcal (10.62%), Fat: 5.17g (7.96%), Saturated Fat: 3.26g (20.38%), Carbohydrates: 4.66g (1.55%), Net Carbohydrates: 4.66g (1.69%), Sugar: 3.44g (3.82%), Cholesterol: 16.02mg (5.34%), Sodium: 63.59mg (2.76%), Alcohol: 18.94g (100%), Alcohol %: 14.47% (100%), Protein: 4g (8%), Vitamin B2: 0.17mg (10.26%), Selenium: 7.06µg (10.09%), Vitamin A: 208.37IU (4.17%), Potassium: 70.07mg (2%), Copper: 0.03mg (1.58%), Phosphorus: 15.68mg (1.57%), Vitamin D: 0.23µg (1.51%), Calcium: 13.71mg (1.37%), Magnesium: 5.42mg (1.36%)