



Pink Lady Cocktail

 Vegetarian  Gluten Free  Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



141 kcal

BEVERAGE

DRINK

Ingredients

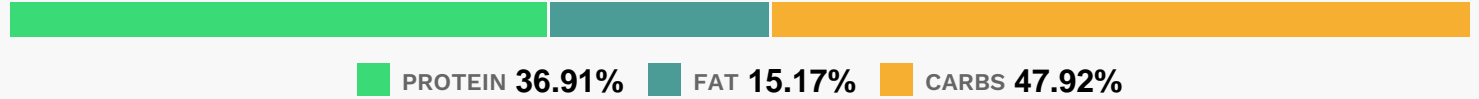
- 1 egg white
- 1.5 fluid ounce jigger gin
- 1 teaspoon grenadine syrup
- 1 teaspoon half-and-half cream
- 1 cup ice cubes crushed

Equipment

Directions

- Pour the egg white, grenadine syrup, half-and-half, and gin into a cocktail shaker over ice. Cover, and shake like crazy until the outside of the shaker has frosted. Strain into a chilled glass to serve.

Nutrition Facts



Properties

Glycemic Index:115, Glycemic Load:4.01, Inflammation Score:-2, Nutrition Score:1.3186956663495%

Nutrients (% of daily need)

Calories: 140.69kcal (7.03%), Fat: 0.63g (0.96%), Saturated Fat: 0.35g (2.2%), Carbohydrates: 4.45g (1.48%), Net Carbohydrates: 4.45g (1.62%), Sugar: 3.21g (3.57%), Cholesterol: 1.75mg (0.58%), Sodium: 66.74mg (2.9%), Alcohol: 14.81g (100%), Alcohol %: 5.83% (100%), Protein: 3.43g (6.85%), Selenium: 6.2µg (8.85%), Vitamin B2: 0.14mg (8.46%), Copper: 0.06mg (2.8%), Potassium: 58.07mg (1.66%), Magnesium: 6.41mg (1.6%), Calcium: 14.91mg (1.49%), Phosphorus: 11.26mg (1.13%)