



## Pink Panther



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



3 min.

SERVINGS



1

CALORIES



351 kcal

BEVERAGE

DRINK

## Ingredients

- ☐ 1 fluid ounce amaretto
- ☐ 1 teaspoon grenadine syrup
- ☐ 1 cup ice cubes crushed
- ☐ 1 maraschino cherry
- ☐ 1 slice pineapple fresh
- ☐ 8 fluid ounces pineapple juice
- ☐ 1 fluid ounce vodka

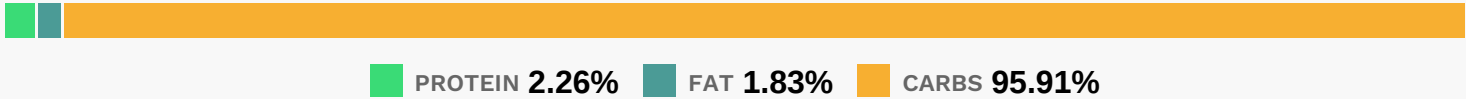
## Equipment

☐ blender

## Directions

☐ In a blender combine ice, amaretto, vodka, pineapple juice and grenadine. Blend well and pour into a tall chilled glass. garnish with an umbrella, pineapple slice and cherry.

## Nutrition Facts



## Properties

Glycemic Index:219.67, Glycemic Load:23.57, Inflammation Score:-6, Nutrition Score:13.007826050986%

## Flavonoids

Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.12mg, Quercetin: 0.12mg, Quercetin: 0.12mg, Quercetin: 0.12mg

## Nutrients (% of daily need)

Calories: 351.09kcal (17.55%), Fat: 0.48g (0.74%), Saturated Fat: 0.06g (0.37%), Carbohydrates: 57.09g (19.03%), Net Carbohydrates: 55.28g (20.1%), Sugar: 46.14g (51.26%), Cholesterol: 0mg (0%), Sodium: 21.88mg (0.95%), Alcohol: 17.56g (100%), Alcohol %: 3.55% (100%), Caffeine: 7.69mg (2.56%), Protein: 1.35g (2.69%), Manganese: 1.98mg (98.83%), Vitamin C: 63.81mg (77.34%), Vitamin B6: 0.33mg (16.54%), Copper: 0.32mg (15.85%), Folate: 57.7µg (14.43%), Vitamin B1: 0.21mg (13.75%), Potassium: 410.98mg (11.74%), Magnesium: 42.16mg (10.54%), Fiber: 1.81g (7.24%), Iron: 1.02mg (5.68%), Calcium: 52.13mg (5.21%), Vitamin B2: 0.08mg (4.87%), Vitamin B3: 0.93mg (4.67%), Vitamin B5: 0.31mg (3.14%), Phosphorus: 29.29mg (2.93%), Zinc: 0.41mg (2.76%), Vitamin K: 1.37µg (1.31%), Vitamin A: 62.8IU (1.26%)