



Pinwheel Mini Sandwiches

READY IN



10 min.

SERVINGS



24

CALORIES



76 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 9 oz oscar mayer deli ham smoked fresh
- 9 oz oscar mayer deli oven roasted turkey breast fresh
- 3 10-inch flour tortillas ()
- 6 singles kraft
- 3 large lettuce leaves
- 3 Tbsp real mayo mayonnaise kraft
- 1 Tbsp heinz mustard yellow

Equipment

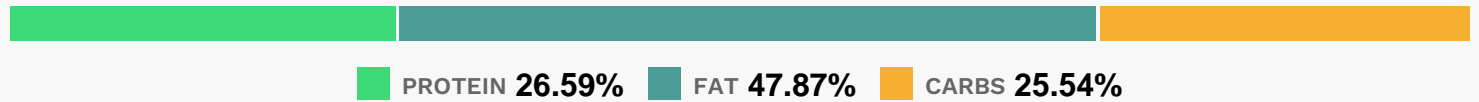
toothpicks

Directions

Spread tortillas with mayo and mustard; top with remaining ingredients.

Roll up tightly; cut each roll into 8 slices. Secure with toothpicks, if desired.

Nutrition Facts



Properties

Glycemic Index:4.83, Glycemic Load:1.37, Inflammation Score:-2, Nutrition Score:3.2100000148234%

Nutrients (% of daily need)

Calories: 75.96kcal (3.8%), Fat: 3.99g (6.14%), Saturated Fat: 1.16g (7.23%), Carbohydrates: 4.8g (1.6%), Net Carbohydrates: 4.43g (1.61%), Sugar: 0.47g (0.52%), Cholesterol: 12.78mg (4.26%), Sodium: 322mg (14%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 4.99g (9.98%), Vitamin B3: 1.84mg (9.2%), Selenium: 6.04µg (8.63%), Vitamin B1: 0.12mg (7.82%), Phosphorus: 72.31mg (7.23%), Vitamin B6: 0.1mg (4.82%), Vitamin A: 230.06IU (4.6%), Vitamin B2: 0.06mg (3.54%), Vitamin K: 3.45µg (3.29%), Manganese: 0.06mg (2.94%), Iron: 0.49mg (2.73%), Folate: 10.56µg (2.64%), Potassium: 87.31mg (2.49%), Zinc: 0.37mg (2.44%), Magnesium: 7.42mg (1.85%), Calcium: 18.08mg (1.81%), Vitamin B5: 0.17mg (1.71%), Fiber: 0.36g (1.45%), Vitamin B12: 0.09µg (1.42%), Copper: 0.02mg (1.04%)