

Pisco Negroni



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



2

CALORIES



164 kcal

BEVERAGE

DRINK

Ingredients

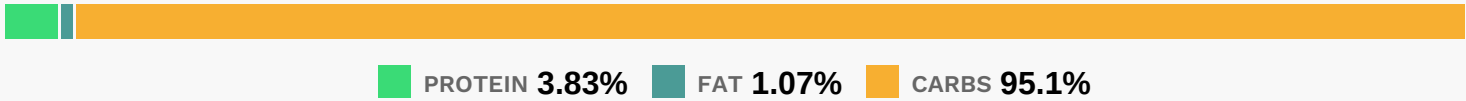
- ☐ 0.3 cup campari
- ☐ 2 servings orange twists for garnish
- ☐ 8 drops orange bitters
- ☐ 0.3 cup vermouth sweet
- ☐ 6 tablespoons pisco
- ☐ 6 tablespoons pisco

Equipment

Directions

- ☐ Combine pisco, Campari, vermouth, and bitters. Divide between 2 highball glasses filled with ice.
- ☐ Garnish with orange twists.

Nutrition Facts



Properties

Glycemic Index:21.25, Glycemic Load:3.6, Inflammation Score:-5, Nutrition Score:4.7217391794143%

Flavonoids

Hesperetin: 24.52mg, Hesperetin: 24.52mg, Hesperetin: 24.52mg, Hesperetin: 24.52mg Naringenin: 13.79mg, Naringenin: 13.79mg, Naringenin: 13.79mg, Naringenin: 13.79mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg

Nutrients (% of daily need)

Calories: 164.1kcal (8.21%), Fat: 0.11g (0.17%), Saturated Fat: 0.01g (0.08%), Carbohydrates: 21.55g (7.18%), Net Carbohydrates: 19.39g (7.05%), Sugar: 8.94g (9.93%), Cholesterol: 0mg (0%), Sodium: 0mg (0%), Alcohol: 11.35g (100%), Alcohol %: 9.37% (100%), Protein: 0.87g (1.73%), Vitamin C: 47.88mg (58.04%), Fiber: 2.16g (8.64%), Folate: 27µg (6.75%), Vitamin B1: 0.08mg (5.22%), Potassium: 162.9mg (4.65%), Vitamin A: 202.5IU (4.05%), Calcium: 36mg (3.6%), Vitamin B6: 0.05mg (2.7%), Vitamin B5: 0.22mg (2.25%), Magnesium: 9mg (2.25%), Vitamin B2: 0.04mg (2.12%), Copper: 0.04mg (2.03%), Vitamin B3: 0.25mg (1.27%), Phosphorus: 12.6mg (1.26%), Manganese: 0.02mg (1.13%), Vitamin E: 0.16mg (1.08%)