



Pitcher-Perfect Margarita

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



10 min.

SERVINGS



24

CALORIES



147 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

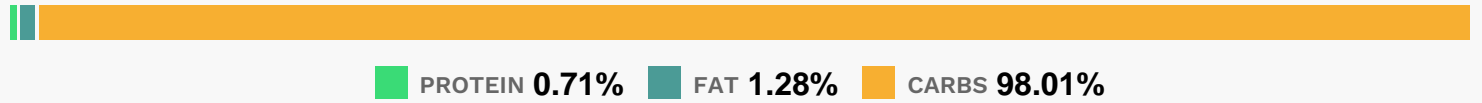
- 1 liter agave nectar chilled
- 0.5 cup orange juice concentrate frozen thawed
- 0.3 cup juice of lime
- 24 ounce limeade more frozen thawed canned
- 4 medium lime cut into 6 wedges
- 8 cups water cold

Equipment

Directions

- Serve the mixed margarita up or over ice in a chilled margarita glass with a lime wedge. Alternatively, to serve over ice with salt, fill a small, shallow dish with simple syrup and a second small, shallow dish with salt. Dip the rim of a glass in the simple syrup, then in the salt. (If you don't have simple syrup, rub a lime wedge on the rim to moisten.)
- Add ice and top with the mixed margarita.
- Serve with a lime wedge.

Nutrition Facts



Properties

Glycemic Index:1.96, Glycemic Load:4.7, Inflammation Score:-1, Nutrition Score:2.8747825797485%

Flavonoids

Eriodictyol: 0.06mg, Eriodictyol: 0.06mg, Eriodictyol: 0.06mg, Eriodictyol: 0.06mg Hesperetin: 5.03mg, Hesperetin: 5.03mg, Hesperetin: 5.03mg, Hesperetin: 5.03mg Naringenin: 0.39mg, Naringenin: 0.39mg, Naringenin: 0.39mg, Naringenin: 0.39mg Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

Nutrients (% of daily need)

Calories: 147.23kcal (7.36%), Fat: 0.21g (0.33%), Saturated Fat: 0.01g (0.04%), Carbohydrates: 36.78g (12.26%), Net Carbohydrates: 36.32g (13.21%), Sugar: 31.69g (35.21%), Cholesterol: 0mg (0%), Sodium: 7.98mg (0.35%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.27g (0.53%), Vitamin C: 19.17mg (23.24%), Vitamin K: 8.82µg (8.4%), Vitamin B6: 0.11mg (5.59%), Vitamin B2: 0.08mg (4.52%), Vitamin B1: 0.07mg (4.5%), Folate: 17.32µg (4.33%), Vitamin E: 0.45mg (2.97%), Fiber: 0.46g (1.84%), Vitamin B3: 0.36mg (1.79%), Potassium: 53.1mg (1.52%), Copper: 0.03mg (1.38%), Selenium: 0.73µg (1.04%), Magnesium: 4.12mg (1.03%)