

Pitcher Perfect Margaritas



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



10 min.

SERVINGS



8

CALORIES



246 kcal

BEVERAGE

DRINK

Ingredients

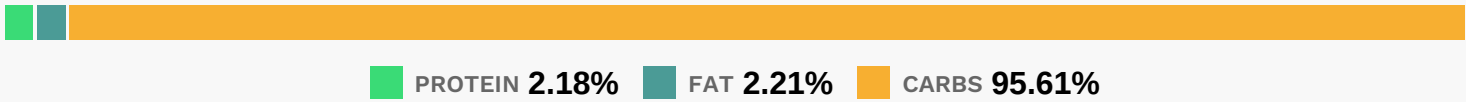
- ☐ 3 cups ice cubes
- ☐ 8 servings kosher salt
- ☐ 0.8 cup juice of lime fresh
- ☐ 0.8 cup juice of lime sweetened
- ☐ 8 lime wedges
- ☐ 2 cups tequila
- ☐ 1 cup triple sec

Equipment

Directions

- ☐ Combine the tequila, triple sec, fresh lime juice, sweetened lime juice, and ice in a large pitcher; stir.
- ☐ Pour the kosher salt onto a plate. Rub the rim of a glass with a lime wedge. Dip the rim of the glass into the salt; fill glass with margarita mixture; repeat for each serving.

Nutrition Facts



Properties

Glycemic Index:5.88, Glycemic Load:0.44, Inflammation Score:-4, Nutrition Score:2.0734782750192%

Flavonoids

Eriodictyol: 0.99mg, Eriodictyol: 0.99mg, Eriodictyol: 0.99mg, Eriodictyol: 0.99mg Hesperetin: 11.81mg, Hesperetin: 11.81mg, Hesperetin: 11.81mg, Hesperetin: 11.81mg Naringenin: 0.78mg, Naringenin: 0.78mg, Naringenin: 0.78mg, Naringenin: 0.78mg Quercetin: 0.3mg, Quercetin: 0.3mg, Quercetin: 0.3mg, Quercetin: 0.3mg

Nutrients (% of daily need)

Calories: 246.2kcal (12.31%), Fat: 0.16g (0.24%), Saturated Fat: 0.04g (0.24%), Carbohydrates: 15.21g (5.07%), Net Carbohydrates: 14.52g (5.28%), Sugar: 10.57g (11.74%), Cholesterol: 0mg (0%), Sodium: 202.45mg (8.8%), Alcohol: 27.71g (100%), Alcohol %: 14.51% (100%), Caffeine: 7.67mg (2.56%), Protein: 0.35g (0.69%), Vitamin C: 18.85mg (22.85%), Copper: 0.06mg (3.13%), Fiber: 0.69g (2.74%), Potassium: 81.54mg (2.33%), Magnesium: 6.49mg (1.62%), Calcium: 15.37mg (1.54%), Folate: 5.98µg (1.49%), Vitamin B1: 0.02mg (1.43%), Phosphorus: 13.76mg (1.38%), Manganese: 0.03mg (1.3%), Vitamin B6: 0.03mg (1.28%), Iron: 0.19mg (1.07%)