



Pok Pok Ny's Hunny



Vegetarian



Gluten Free



Dairy Free

READY IN



3 min.

SERVINGS



1

CALORIES



218 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

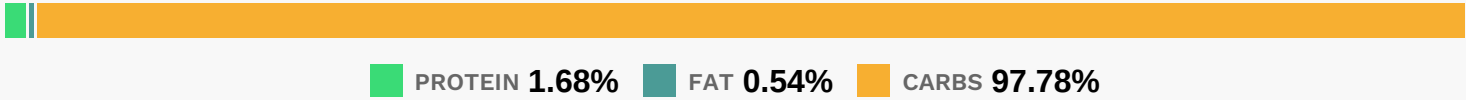
- ☐ 2 ounces grapefruit juice fresh
- ☐ 1 ounce honey (see note above)
- ☐ 1 ounce juice of lime fresh
- ☐ 1 serving lime wedges
- ☐ 1.5 ounces tequila

Equipment

Directions

- ☐ In a cocktail shaker, combine tequila, lime juice, grapefruit juice, and Som drinking vinegar.
- ☐ Fill shaker with ice and shake until well chilled, about 20 seconds. Strain into chilled rocks glass.
- ☐ Garnish with a wedge of grapefruit.

Nutrition Facts



Properties

Glycemic Index:147.27, Glycemic Load:15.2, Inflammation Score:-3, Nutrition Score:2.2943478297928%

Flavonoids

Eriodictyol: 0.62mg, Eriodictyol: 0.62mg, Eriodictyol: 0.62mg, Eriodictyol: 0.62mg Hesperetin: 2.97mg, Hesperetin: 2.97mg, Hesperetin: 2.97mg, Hesperetin: 2.97mg Naringenin: 0.14mg, Naringenin: 0.14mg, Naringenin: 0.14mg, Naringenin: 0.14mg Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg

Nutrients (% of daily need)

Calories: 217.88kcal (10.89%), Fat: 0.08g (0.12%), Saturated Fat: 0g (0.02%), Carbohydrates: 32.15g (10.72%), Net Carbohydrates: 31.89g (11.6%), Sugar: 30.01g (33.34%), Cholesterol: 0mg (0%), Sodium: 3.28mg (0.14%), Alcohol: 14.2g (100%), Alcohol %: 11.47% (100%), Protein: 0.55g (1.1%), Vitamin C: 24.19mg (29.32%), Potassium: 141.63mg (4.05%), Iron: 0.39mg (2.19%), Magnesium: 8.56mg (2.14%), Manganese: 0.04mg (1.78%), Copper: 0.03mg (1.37%), Phosphorus: 13.22mg (1.32%), Vitamin B3: 0.25mg (1.26%), Folate: 4.62µg (1.15%), Vitamin B5: 0.11mg (1.13%), Zinc: 0.16mg (1.07%), Calcium: 10.54mg (1.05%), Fiber: 0.25g (1.02%)