

Polka Dot Cake

airy Free







DESSERT

Ingredients

1 box cake mix white

12 oz fluffy frosting white

1 serving food coloring red

3 oz candy melts

Equipment

oven

Directions

Ш	Heat oven to 350°F (325°F for dark or nonstick pans). Spray bottoms and sides of two 9- or 8-inch round cake pans with baking spray with flour.
	Make, bake and cool cake mix as directed on box for two 9- or 8-inch round pans.
	Tint 1/3 cup of the frosting with 1 or 2 drops food color for desired shade of pink.
	On serving plate, place 1 cake layer, rounded side down; spread pink frosting over layer almost to edge. Top with second layer, rounded side up. Frost side and top of cake with remaining frosting.
	Insert candies into frosting on side and top of cake as desired. Store loosely covered.

Nutrition Facts

PROTEIN 2.41% FAT 21.44% CARBS 76.15%

Properties

Glycemic Index:3.58, Glycemic Load:8.28, Inflammation Score:-1, Nutrition Score:3.8765217169471%

Nutrients (% of daily need)

Calories: 294.36kcal (14.72%), Fat: 7.03g (10.82%), Saturated Fat: 2.46g (15.39%), Carbohydrates: 56.21g (18.74%), Net Carbohydrates: 55.73g (20.27%), Sugar: 37.93g (42.15%), Cholesterol: Omg (0%), Sodium: 353.92mg (15.39%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.77g (3.55%), Phosphorus: 150.29mg (15.03%), Vitamin B2: 0.18mg (10.54%), Calcium: 95.2mg (9.52%), Folate: 32.43µg (8.11%), Vitamin B1: 0.1mg (6.42%), Vitamin B3: 1.09mg (5.45%), Vitamin E: 0.81mg (5.39%), Selenium: 3.73µg (5.33%), Iron: 0.89mg (4.92%), Vitamin K: 4.85µg (4.62%), Manganese: 0.09mg (4.42%), Fiber: 0.47g (1.9%), Copper: 0.03mg (1.74%), Zinc: 0.22mg (1.45%), Vitamin B5: 0.14mg (1.42%), Magnesium: 5.02mg (1.26%), Potassium: 36.35mg (1.04%)