

Pomacello Martini



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



260 kcal

BEVERAGE

DRINK

Ingredients



1 slice optional: lemon fresh



1 fluid ounce limoncello liqueur



3 fluid ounces pomegranate juice



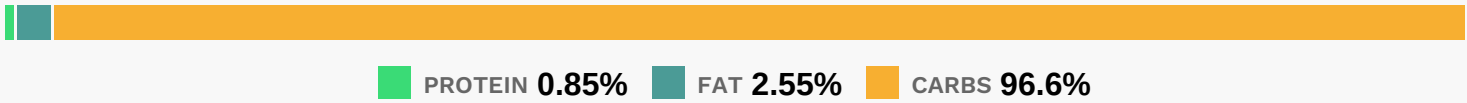
1.5 fluid ounces vodka

Equipment

Directions

Pour the pomegeranate juice, limoncello, and vodka into a cocktail shaker over ice. Cover and shake. Strain into a chilled martini glass, and garnish with a slice of lemon.

Nutrition Facts



Properties

Glycemic Index:40.5, Glycemic Load:0.12, Inflammation Score:-3, Nutrition Score:2.0717391293172%

Flavonoids

Cyanidin: 2.13mg, Cyanidin: 2.13mg, Cyanidin: 2.13mg, Cyanidin: 2.13mg Delphinidin: 0.72mg, Delphinidin: 0.72mg, Delphinidin: 0.72mg, Delphinidin: 0.72mg Pelargonidin: 0.08mg, Pelargonidin: 0.08mg, Pelargonidin: 0.08mg, Pelargonidin: 0.08mg Eriodictyol: 1.5mg, Eriodictyol: 1.5mg, Eriodictyol: 1.5mg, Eriodictyol: 1.5mg Hesperetin: 1.95mg, Hesperetin: 1.95mg, Hesperetin: 1.95mg, Hesperetin: 1.95mg Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 1.06mg, Quercetin: 1.06mg, Quercetin: 1.06mg, Quercetin: 1.06mg

Nutrients (% of daily need)

Calories: 259.83kcal (12.99%), Fat: 0.28g (0.43%), Saturated Fat: 0.07g (0.44%), Carbohydrates: 23.75g (7.92%), Net Carbohydrates: 23.46g (8.53%), Sugar: 22.72g (25.24%), Cholesterol: 0mg (0%), Sodium: 8.57mg (0.37%), Alcohol: 24.3g (100%), Alcohol %: 18.16% (100%), Protein: 0.21g (0.42%), Vitamin K: 9.23µg (8.79%), Potassium: 199.94mg (5.71%), Folate: 22.06µg (5.52%), Vitamin C: 3.8mg (4.6%), Manganese: 0.09mg (4.32%), Vitamin B5: 0.27mg (2.66%), Vitamin E: 0.35mg (2.32%), Vitamin B6: 0.04mg (2.05%), Magnesium: 6.77mg (1.69%), Phosphorus: 13.1mg (1.31%), Copper: 0.03mg (1.28%), Vitamin B1: 0.02mg (1.22%), Calcium: 11.58mg (1.16%), Fiber: 0.28g (1.14%), Vitamin B3: 0.21mg (1.07%), Vitamin B2: 0.02mg (1.05%)