



## Pomegranate Americano

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



2 min.

SERVINGS



1

CALORIES



54 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 5 dashes angostura bitters to taste (or )
- 2 ounces pomegranate juice

### Equipment

### Directions

- Add pomegranate juice to a rocks glass filled with ice. Top with soda water and stir to combine. Dash the bitters on top of the drink and swirl lightly to slightly incorporate the bitters into the rest of the drink. Leaving some bitters on top amps up the aromatic element.

# Nutrition Facts

PROTEIN 0.84% FAT 3.63% CARBS 95.53%

## Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:1.0921739213493%

## Flavonoids

Cyanidin: 1.36mg, Cyanidin: 1.36mg, Cyanidin: 1.36mg, Cyanidin: 1.36mg Delphinidin: 0.46mg, Delphinidin: 0.46mg, Delphinidin: 0.46mg, Delphinidin: 0.46mg Pelargonidin: 0.05mg, Pelargonidin: 0.05mg, Pelargonidin: 0.05mg, Pelargonidin: 0.05mg Quercetin: 0.63mg, Quercetin: 0.63mg, Quercetin: 0.63mg, Quercetin: 0.63mg

## Nutrients (% of daily need)

Calories: 54.42kcal (2.72%), Fat: 0.16g (0.25%), Saturated Fat: 0.04g (0.27%), Carbohydrates: 9.73g (3.24%), Net Carbohydrates: 9.67g (3.52%), Sugar: 7.79g (8.66%), Cholesterol: 0mg (0%), Sodium: 5.1mg (0.22%), Alcohol: 2.25g (100%), Alcohol %: 4.62% (100%), Protein: 0.09g (0.17%), Vitamin K: 5.9µg (5.62%), Potassium: 121.34mg (3.47%), Folate: 13.61µg (3.4%), Manganese: 0.05mg (2.69%), Vitamin B5: 0.16mg (1.62%), Vitamin E: 0.22mg (1.44%), Vitamin B6: 0.02mg (1.13%)