



Pomegranate-and-Tequila Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



15 min.

SERVINGS



15

CALORIES



127 kcal

BEVERAGE

DRINK

Ingredients

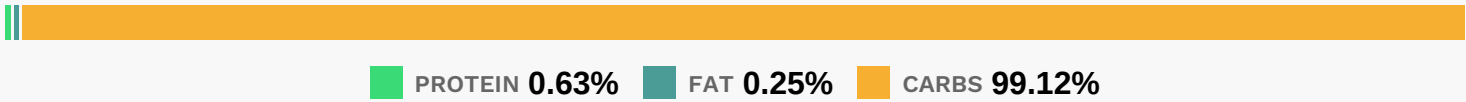
- ☐ 15 servings ice cubes
- ☐ 15 servings kosher salt black (see Note)
- ☐ 1.5 cups juice of lime freshly squeezed
- ☐ 15 servings lime wedges
- ☐ 24 dashes orange bitters
- ☐ 1 cup pomegranate syrup (see Note)
- ☐ 1.5 cups tequila

Equipment

Directions

- ☐
- Spread salt in a shallow dish. Run a lime wedge around the rims of chilled cocktail glasses, then dip the rims in the salt to coat.
- ☐
- In an ice-filled pitcher, combine the tequila, lime juice, pomegranate syrup and bitters. Stir well. Strain into the cocktail glasses.

Nutrition Facts



Properties

Glycemic Index:9.8, Glycemic Load:14.3, Inflammation Score:-1, Nutrition Score:0.81695650841879%

Flavonoids

Eriodictyol: 0.53mg, Eriodictyol: 0.53mg, Eriodictyol: 0.53mg, Eriodictyol: 0.53mg Hesperetin: 2.6mg, Hesperetin: 2.6mg, Hesperetin: 2.6mg, Hesperetin: 2.6mg Naringenin: 0.13mg, Naringenin: 0.13mg, Naringenin: 0.13mg, Naringenin: 0.13mg Quercetin: 0.13mg, Quercetin: 0.13mg, Quercetin: 0.13mg, Quercetin: 0.13mg

Nutrients (% of daily need)

Calories: 126.58kcal (6.33%), Fat: 0.02g (0.03%), Saturated Fat: 0g (0.01%), Carbohydrates: 17.15g (5.72%), Net Carbohydrates: 17.03g (6.19%), Sugar: 10.56g (11.74%), Cholesterol: 0mg (0%), Sodium: 203.09mg (8.83%), Alcohol: 8.74g (100%), Alcohol %: 8.61% (100%), Protein: 0.11g (0.22%), Vitamin C: 7.55mg (9.15%), Copper: 0.03mg (1.34%), Potassium: 35.83mg (1.02%)