

Pomegranate-Ginger Prosecco Cocktails

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



25 min.

SERVINGS



2

CALORIES



516 kcal

BEVERAGE

DRINK

Ingredients

- 2 tablespoons ginger fresh finely chopped
- 2 oz hendrick's gin
- 2 servings ice cubes
- 2 oz pomegranate juice
- 1 tablespoon pomegranate seeds
- 1 oz simple syrup glaze (above)
- 1 cup sugar
- 1 cup water

2 oz frangelico

2 oz frangelico

Equipment

bowl

sauce pan

Directions

In small bowl, stir together 2 tablespoons sugar and 1/2 teaspoon finely gingerroot.

Place mixture on small flat plate. Rub fresh gingerroot slice around rims of 2 martini glasses to moisten. Dip moistened rims of glasses in ginger sugar mixture.

In 1-quart saucepan, heat ginger simple syrup ingredients over low heat until sugar is dissolved.

Let stand 15 minutes. Use within 2 days.

Fill martini shaker with ice.

Add gin, pomegranate juice, and 1 oz of the ginger simple syrup; place lid on shaker, and shake until cold and blended.

Pour into prepared martini glasses; add prosecco.

Garnish with pomegranate seeds.

Nutrition Facts

 PROTEIN 0.25%  FAT 1.04%  CARBS 98.71%

Properties

Glycemic Index:83.55, Glycemic Load:70.71, Inflammation Score:-1, Nutrition Score:1.7230434625045%

Flavonoids

Cyanidin: 0.68mg, Cyanidin: 0.68mg, Cyanidin: 0.68mg, Cyanidin: 0.68mg Delphinidin: 0.23mg, Delphinidin: 0.23mg, Delphinidin: 0.23mg, Delphinidin: 0.23mg Pelargonidin: 0.03mg, Pelargonidin: 0.03mg, Pelargonidin: 0.03mg, Pelargonidin: 0.03mg Catechin: 0.03mg, Catechin: 0.03mg, Catechin: 0.03mg, Catechin: 0.03mg Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Quercetin: 0.31mg, Quercetin:

0.31mg, Quercetin: 0.31mg, Quercetin: 0.31mg Gallocatechin: 0.01mg, Gallocatechin: 0.01mg, Gallocatechin:
0.01mg, Gallocatechin: 0.01mg

Nutrients (% of daily need)

Calories: 515.75kcal (25.79%), Fat: 0.54g (0.83%), Saturated Fat: 0.05g (0.28%), Carbohydrates: 116.33g (38.78%),
Net Carbohydrates: 115.86g (42.13%), Sugar: 114.89g (127.66%), Cholesterol: 0mg (0%), Sodium: 21.91mg (0.95%),
Alcohol: 9.47g (100%), Alcohol %: 3.34% (100%), Protein: 0.3g (0.59%), Vitamin K: 4.19µg (3.99%), Copper: 0.08mg
(3.86%), Iron: 0.66mg (3.69%), Potassium: 118.92mg (3.4%), Manganese: 0.06mg (3.05%), Folate: 10.42µg (2.61%),
Vitamin B2: 0.04mg (2.31%), Magnesium: 9.05mg (2.26%), Vitamin B1: 0.03mg (2.08%), Fiber: 0.47g (1.87%),
Vitamin B6: 0.03mg (1.42%), Vitamin C: 1.14mg (1.39%), Calcium: 13.06mg (1.31%), Selenium: 0.87µg (1.24%), Vitamin
B5: 0.12mg (1.23%), Vitamin E: 0.17mg (1.14%), Phosphorus: 10.47mg (1.05%)