



## Pomegranate Martini

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



298 kcal

BEVERAGE

DRINK

## Ingredients

- 1 cup ice cubes
- 1 teaspoon juice of lemon
- 1 serving lemon-lime soda
- 1 slice lime fresh
- 1.5 fluid ounce jigger peach schnapps
- 1.5 fluid ounce jigger pomegranate juice
- 1 tablespoon simple syrup glaze
- 1.5 fluid ounce jigger vanilla vodka flavored

# Equipment

## Directions

- Combine ice, vodka, schnapps, pomegranate juice, simple syrup, and lemon juice in shaker. Shake vigorously to chill.
- Pour into martini glass, top with a splash of chilled lemon-lime soda, and garnish glass with a slice of fresh lime.

## Nutrition Facts

**PROTEIN 0.41%** **FAT 1.07%** **CARBS 98.52%**

## Properties

Glycemic Index:47, Glycemic Load:0.17, Inflammation Score:-3, Nutrition Score:1.7913043375896%

## Flavonoids

Cyanidin: 1.06mg, Cyanidin: 1.06mg, Cyanidin: 1.06mg, Cyanidin: 1.06mg Delphinidin: 0.36mg, Delphinidin: 0.36mg, Delphinidin: 0.36mg, Delphinidin: 0.36mg Pelargonidin: 0.04mg, Pelargonidin: 0.04mg, Pelargonidin: 0.04mg, Pelargonidin: 0.04mg Eriodictyol: 0.24mg, Eriodictyol: 0.24mg, Eriodictyol: 0.24mg, Eriodictyol: 0.24mg Hesperetin: 3.73mg, Hesperetin: 3.73mg, Hesperetin: 3.73mg, Hesperetin: 3.73mg Naringenin: 0.31mg, Naringenin: 0.31mg, Naringenin: 0.31mg, Naringenin: 0.31mg Quercetin: 0.54mg, Quercetin: 0.54mg, Quercetin: 0.54mg, Quercetin: 0.54mg

## Nutrients (% of daily need)

Calories: 297.81kcal (14.89%), Fat: 0.15g (0.24%), Saturated Fat: 0.04g (0.24%), Carbohydrates: 32.09g (10.7%), Net Carbohydrates: 31.84g (11.58%), Sugar: 30.87g (34.29%), Cholesterol: 0mg (0%), Sodium: 28.15mg (1.22%), Alcohol: 14.81g (100%), Alcohol %: 4.66% (100%), Protein: 0.13g (0.27%), Vitamin C: 4.02mg (4.87%), Iron: 0.81mg (4.53%), Vitamin K: 4.65µg (4.43%), Potassium: 120.26mg (3.44%), Copper: 0.06mg (3.05%), Folate: 12.21µg (3.05%), Vitamin B1: 0.04mg (2.54%), Manganese: 0.04mg (2.16%), Magnesium: 8.2mg (2.05%), Calcium: 17.21mg (1.72%), Vitamin B5: 0.15mg (1.48%), Vitamin B2: 0.02mg (1.41%), Vitamin E: 0.19mg (1.28%), Vitamin B6: 0.02mg (1.15%), Phosphorus: 10.36mg (1.04%), Fiber: 0.26g (1.02%)