

## Pop Art Cookies

 Dairy Free

READY IN



65 min.

SERVINGS



12

CALORIES



451 kcal

DESSERT

## Ingredients

- 0.3 cup butter softened
- 12 celery stalks with rounded ends
- 1 eggs
- 2 tablespoons flour all-purpose gold medal®
- 12 servings purple gel food coloring betty crocker® (in desired colors)
- 1 lb fluffy frosting white betty crocker® (any variety)
- 12 servings m&m candies assorted
- 1 pouch sugar cookie mix betty crocker® (1 lb 1.5 oz)

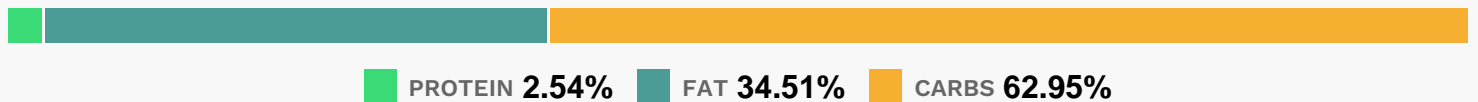
## Equipment

- bowl
- baking sheet
- oven
- cookie cutter
- ziploc bags

## Directions

- Heat oven to 375°F. In medium bowl, stir cookie mix, butter, flour and egg until dough forms.
- Roll dough on floured surface until about 1/4 inch thick.
- Cut with 3-inch round cookie cutter.
- Place 2 inches apart on ungreased cookie sheet. Carefully insert a wooden stick into side of each cookie.
- Bake 9 to 11 minutes or until edges are light golden brown. Cool 1 minute before removing from cookie sheet. Cool completely, about 30 minutes.
- Divide frosting among 4 small bowls. Tint frosting in 3 of the bowls with different color of food color. Reserve some of the tinted frostings for piping on designs. Frost cookies with remaining white and tinted frostings. For piping, place each tinted frosting in small resealable food-storage plastic bag; snip off tiny corner of bag. Pipe frostings on cookies in desired designs. Decorate with candy decorations.

## Nutrition Facts



## Properties

Glycemic Index:12.5, Glycemic Load:11.74, Inflammation Score:-2, Nutrition Score:2.2556521607482%

## Flavonoids

Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

## Nutrients (% of daily need)

Calories: 451.39kcal (22.57%), Fat: 17.3g (26.62%), Saturated Fat: 4.46g (27.9%), Carbohydrates: 71.02g (23.67%), Net Carbohydrates: 70.51g (25.64%), Sugar: 52.48g (58.31%), Cholesterol: 15.89mg (5.3%), Sodium: 265.73mg (11.55%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.87g (5.74%), Vitamin B2: 0.16mg (9.16%), Vitamin A: 296.91IU (5.94%), Vitamin K: 6.1µg (5.81%), Vitamin E: 0.82mg (5.49%), Folate: 15.15µg (3.79%), Iron: 0.52mg (2.91%), Vitamin B1: 0.04mg (2.76%), Calcium: 24.27mg (2.43%), Selenium: 1.6µg (2.29%), Fiber: 0.5g (2.01%), Phosphorus: 17.82mg (1.78%), Vitamin B3: 0.34mg (1.7%)