

STARTER & SNACK

Porcini Puffs

1 October 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	36	\$0.38	58 kcal

Porcini Puffs is a hor d'oeuvre that serves 36. One portion of this dish contains roughly 2g of protein, 4g of fat, and a total of 58 calories. For 38 cents per serving, this recipe covers 2% of your daily requirements of vitamins and minerals.

Ingredients

- ☐ ¼ tsp About freshly ground black pepper
- ☐ 1½ ounces dried porcini mushrooms
- ☐ 1 cup flour
- ☐ 1 cup shredded parmesan cheese
- ☐ ½ cup butter, plus more for pans
- ☐ 5 eggs
- ☐ ½ tsp About kosher salt

EQUIPMENT Bowl, Frying pan, Baking sheet, Sauce pan, Oven, Slotted spoon, Cutting board

Method

- 1

In a small bowl, pour 1 1/4 cups boiling water over porcini.
- 2

Let sit 30 minutes.
- 3

Preheat oven to 42
- 4

With a slotted spoon, transfer porcini to a cutting board, reserving mushroom liquid. Finely chop porcini and set aside.
- 5

In a medium saucepan over medium heat, melt butter in 1 cup reserved porcini-soaking liquid (if you don't have enough liquid, add water to make 1 cup). Bring to a boil, reduce heat to low, and dump in flour. Stir vigorously until mixture forms a ball that pulls away from sides of pan, about 1 minute.

- 6 Remove pan from heat.
- 7 Stir in eggs, 1 at a time. Dough will separate after each addition; stir until it forms a smooth paste before adding next egg. Stir in porcini, parmesan, 1/2 tsp. salt, and 1/4 tsp. pepper.
- 8 Butter 2 baking sheets. Drop mixture by heaping tablespoonfuls 1 in. apart onto sheets.
- 9 Sprinkle lightly with additional salt and pepper.
- 10 Bake until puffed and brown, about 30 minutes.
- 11 Cut slits in sides of puffs, turn off oven, and return puffs to oven for 10 minutes.
- 12 Serve warm.

Nutrition per serving

58	2 g	4 g	4 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			2.3 g · 14% of daily needs
Sugar			0.1 g · 0% of daily needs
Sodium			106 mg · 5% of daily needs
Cholesterol			31.4 mg · 10% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/porcini-puffs-146907