



WHATSheATE



Potato Chip Cookies



Vegetarian

READY IN



45 min.

SERVINGS



30

CALORIES



121 kcal

DESSERT

Ingredients

- ☐ 0.5 teaspoon cinnamon
- ☐ 2 cups flour all-purpose
- ☐ 0.5 cup granulated sugar for coating plus more
- ☐ 0.5 cup pecans chopped
- ☐ 0.8 cup potato chips crushed
- ☐ 1 cup butter unsalted at room temperature
- ☐ 1 teaspoon vanilla extract pure

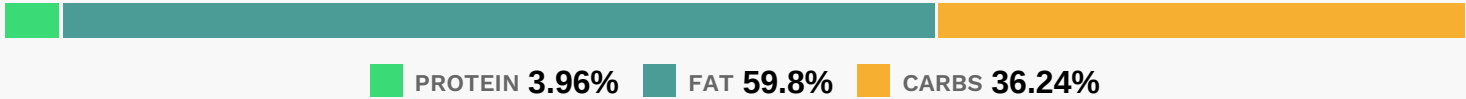
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ hand mixer
- ☐ aluminum foil

Directions

- ☐ Heat oven to 375 F. Cream the butter and 1/2 cup sugar in a large bowl with an electric mixer on high speed. Lower to medium speed and add the vanilla.
- ☐ Add the flour and cinnamon to the butter mixture. Beat on low speed until incorporated. Fold in the potato chips and pecans. Form into approximately 1 1/2-inch balls. Dredge in the remaining sugar.
- ☐ Place on parchment- or foil-lined baking sheets, 2 inches apart.
- ☐ Bake until golden brown around the edges, about 13 minutes.
- ☐ Let cool on sheets for 5 minutes, then transfer to wire racks.

Nutrition Facts



Properties

Glycemic Index:5.34, Glycemic Load:6.94, Inflammation Score:-2, Nutrition Score:2.2382608736339%

Flavonoids

Cyanidin: 0.18mg, Cyanidin: 0.18mg, Cyanidin: 0.18mg, Cyanidin: 0.18mg Delphinidin: 0.12mg, Delphinidin: 0.12mg, Delphinidin: 0.12mg, Delphinidin: 0.12mg Catechin: 0.12mg, Catechin: 0.12mg, Catechin: 0.12mg, Catechin: 0.12mg Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg, Epigallocatechin: 0.09mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg

Nutrients (% of daily need)

Calories: 120.59kcal (6.03%), Fat: 8.14g (12.52%), Saturated Fat: 4.07g (25.46%), Carbohydrates: 11.1g (3.7%), Net Carbohydrates: 10.63g (3.87%), Sugar: 3.44g (3.83%), Cholesterol: 16.27mg (5.42%), Sodium: 12.25mg (0.53%), Alcohol: 0.05g (100%), Alcohol %: 0.25% (100%), Protein: 1.21g (2.43%), Manganese: 0.15mg (7.59%), Vitamin B1:

0.08mg (5.42%), Selenium: 3.04µg (4.34%), Folate: 16.46µg (4.11%), Vitamin A: 190.11IU (3.8%), Vitamin B3: 0.62mg (3.08%), Vitamin B2: 0.05mg (2.85%), Vitamin E: 0.43mg (2.84%), Iron: 0.46mg (2.57%), Copper: 0.04mg (1.92%), Phosphorus: 18.67mg (1.87%), Fiber: 0.47g (1.87%), Vitamin B5: 0.15mg (1.52%), Magnesium: 5.36mg (1.34%), Potassium: 43.41mg (1.24%), Zinc: 0.16mg (1.09%), Vitamin K: 1.09µg (1.04%)